

# 2016 Paul Mitchell **X**TERRA Kualoa Ranch 10K Trail Run

December 4, 2016 - Kualoa Ranch, Kaaawa, Hawaii

Official Results by: [JTL Timing Systems](#)

## Overall Results - 10K

Plc	Name	Division	Residence	Time	Pace
1	Zachary Reeves #1321	35 - 39	Haleiwa, HI	:39:00	07:05
2	Jason Wang #1329	15 - 19	Honolulu, HI	:39:55	07:15
3	Dillon Plummer #1192	20 - 24	Kailua, HI	:40:50	07:25
4	Joseph Spina #1224	20 - 24	Kailua, HI	:41:05	07:28
5	Andrew McHowell #1347	30 - 34	Honolulu, HI	:41:27	07:32
6	Sy Poggemeyer #1193	25 - 29	Kailua, HI	:41:36	07:33
7	Hudson Lockette #1306	15 - 19	Kailua, HI	:42:15	07:40
8	Sean Berg #1016	45 - 49	Honolulu, HI	:42:24	07:42
9	Ash Dustow #1060	55 - 59	Lanai City, HI	:42:34	07:44
10	Rod Baybayan #1266	30 - 34	Kaneohe, HI	:42:46	07:46
11	Brian Wyland #1371	25 - 29	Haleiwa, HI	:43:01	07:49
12	Justin Berry #1017	15 - 19	Honolulu, HI	:44:50	08:09
13	Jonathon Loeswick #1149	25 - 29	Honolulu, HI	:45:10	08:12
14	Ed Bickley #1268	55 - 59	Calgary, Can	:45:26	08:15
15	Kayla Almeida #1264	10 - 14	F Punaluu, HI	:46:03	08:22
16	Rosanna Breslin #1271	25 - 29	F Honolulu, HI	:46:13	08:24
17	James Esaki #1282	15 - 19	Kaneohe, HI	:46:22	08:25
18	Steven Rath #1203	25 - 29	Honolulu, HI	:46:44	08:29
19	Molly Ashkenas #1390	25 - 29	F Honolulu, HI	:46:49	08:30
20	William Cowell #1044	25 - 29	Kaneohe, HI	:47:44	08:40
21	Andrew Shea #1376	25 - 29	Kailua, HI	:47:45	08:40
22	Susie Stephen #1341	35 - 39	F Kaneohe, HI	:47:46	08:41
23	Ian Wesley-Smith #1331	25 - 29	Kaneohe, HI	:47:55	08:42
24	Kane Kukowski #1303	35 - 39	Kailua, HI	:48:20	08:47
25	David Sharpe #1346	40 - 44	Cheltanham, Uk	:48:38	08:50
26	Jacob Fisher #1073	30 - 34	Lincoln, NE	:48:47	08:52
27	Danielle Reminger #1374	25 - 29	F Kaneohe, HI	:49:05	08:55
28	John Svenstrup #1232	50 - 54	Bolingbrook, IL	:49:11	08:56

29 Abby Peterson #1319	30 - 34	F Denver, CO	:49:41	09:02
30 Andrew Kamakawa #1358	30 - 34	Honolulu, HI	:49:45	09:02
31 Jonathan Bator #1265	30 - 34	Honolulu, HI	:49:46	09:02
32 Ku'ulei Neher #1315	15 - 19	F Kailua, HI	:49:48	09:03
33 Shaun Hulsizer #1293	30 - 34	Wahiawa, HI	:50:40	09:12
34 Brittani Lum #1154	25 - 29	F Kailua, HI	:51:00	09:16
35 Andrew Palowitch #1188	55 - 59	McClean, VA	:51:03	09:16
36 Blane Gaison #1384	30 - 34	Kaneohe, HI	:51:06	09:17
37 Peter Severs #1220	20 - 24	Kailua, HI	:51:21	09:20
38 Catherine Nuar #1389	25 - 29	F Chatan, Jpn	:51:28	09:21
39 Steven Covelman #1043	20 - 24	Waialua, HI	:51:30	09:21
40 Emily Moore #1313	30 - 34	F Kaneohe, HI	:51:35	09:22
41 Katie Craigie #1045	25 - 29	F Waipahu, HI	:51:36	09:22
42 Steven King #1138	30 - 34	Honolulu, HI	:51:49	09:25
43 Andrew Miller #1167	45 - 49	Aiea, HI	:51:58	09:26
44 Mel Selby #1218	35 - 39	F Hunters Hill, Aus	:52:04	09:28
45 Tracey Eckert #1062	30 - 34	F Denville, NJ	:52:34	09:33
46 Justin Eckert #1061	30 - 34	Denville, NJ	:52:35	09:33
47 Phuoc Dinh #1275	25 - 29	Honolulu, HI	:52:37	09:34
48 Patrick Hansen-Schmitt #1	30 - 34	Honolulu, HI	:52:38	09:34
49 Gary Asato #1007	50 - 54	Kailua, HI	:52:40	09:34
50 Meagan Burke #1031	30 - 34	F Honolulu, HI	:52:57	09:37
51 Lance Spicer #1223	10 - 14	Wahiawa, HI	:53:00	09:38
52 Big Hungry #1117	35 - 39	San Clemente, CA	:53:02	09:38
53 Spring Glover #1090	40 - 44	F Haleiwa, HI	:53:16	09:41
54 Jeff Samson #1211	45 - 49	Oakley, CA	:53:24	09:42
55 Kili Kawaiaea #1300	15 - 19	F Waianae, HI	:53:29	09:43
56 Uilani Pauole De sa #1190	45 - 49	F Honolulu, HI	:54:12	09:51
57 Alexandra Asuncion #1375	20 - 24	F Kailua, HI	:54:24	09:53
58 Tim Graef #1288	30 - 34	Honolulu, HI	:54:35	09:55
59 Lillian Tuttle #1243	30 - 34	F Honolulu, HI	:54:37	09:55
60 Michael Aguilar #1262	25 - 29	Kaneohe, HI	:54:39	09:56
61 Sealey Desoto #1051	25 - 29	F Kailua, HI	:54:52	09:58
62 Beth Mina #1169	35 - 39	F Kailua, HI	:55:02	10:00
63 Michael Lendvay #1144	45 - 49	Kaneohe, HI	:55:23	10:04
64 Ruth Bailey #1011	25 - 29	F Kailua, HI	:55:43	10:07
65 Jeremy Neal #1314	35 - 39	Honolulu, HI	:55:58	10:10
66 Andrew Hirai #1109	45 - 49	Honolulu, HI	:56:00	10:10
67 Anna Dunn #1277	30 - 34	F Honolulu, HI	:56:24	10:15
68 Heather Macdonald #1155	25 - 29	F Kailua, HI	:56:30	10:16
69 Richard Wright #1258	30 - 34	Kailua, HI	:56:31	10:16
70 Tim Serwe #1323	50 - 54	Wauwatosa, WI	:56:34	10:17
71 Dan Schemmel #1215	30 - 34	Honolulu, HI	:56:35	10:17
72 James Ireland #1122	40 - 44	Honolulu, HI	:56:37	10:17
73 Morgan Mark #1158	20 - 24	F Honolulu, HI	:56:52	10:20
74 Jocelyn Chong #1037	35 - 39	F Honolulu, HI	:57:00	10:21

75	Cliff Tomosada #1240	35 - 39	Honolulu, HI	:57:02	10:22
76	Robert Runser #1208	40 - 44	Mililani, HI	:57:31	10:27
77	Steve Katai #1131	40 - 44	Carlsbad, CA	:57:37	10:28
78	Koshin Matsushima #1160	15 - 19	Honolulu, HI	:57:47	10:30
79	Jason Haskins #1100	35 - 39	Honolulu, HI	:57:50	10:30
80	Bethany Lee #1142	45 - 49	F Honolulu, HI	:57:57	10:32
81	Richard Varley #1245	55 - 59	Honolulu, HI	:58:00	10:32
82	Glenn Gleason #1089	30 - 34	Honolulu, HI	:58:02	10:33
83	Tomasz Bekas #1014	40 - 44	Kapolei, HI	:58:07	10:34
84	Matthew Markham #1159	25 - 29	Honolulu, HI	:58:24	10:37
85	Scott Cloyd #1273	40 - 44	Kailua, HI	:58:33	10:38
86	Ben Leppard #1305	40 - 44	Kailua, HI	:58:35	10:39
87	Darryl Kasprick #1130	40 - 44	Calgary, Can	:58:43	10:40
88	Charles McCarthy #1311	20 - 24	Kailua, HI	:58:49	10:41
89	Kristia Suriben #1231	25 - 29	F Bremerton, WA	:58:51	10:42
90	Igor Sobreira #1377	25 - 29	Kailua, HI	:59:24	10:48
91	Matthew Hall #1095	40 - 44	Kailua, HI	:59:26	10:48
92	Brian Decicco #1274	30 - 34	Haleiwa, HI	:59:28	10:48
93	Aaron Brown #1025	30 - 34	Kailua, HI	:59:31	10:49
94	Kristy Brown #1361	20 - 24	F Honolulu, HI	:59:38	10:50
95	Jeremy Fleming #1075	35 - 39	Kailua, HI	:59:41	10:51
96	Scott Whited #1250	30 - 34	Honolulu, HI	:59:47	10:52
97	Bianca Clifton #1364	35 - 39	F Sydney, Aus	:59:50	10:52
98	Emily Jackson #1295	40 - 44	F Honolulu, HI	1:00:01	10:54
99	Emily Wittke #1255	25 - 29	F Kailua, HI	1:00:03	10:55
100	Jennifer Gorney #1092	30 - 34	F Honolulu, HI	1:00:05	10:55
101	Jenna Nakao #1176	30 - 34	F Waipahu, HI	1:00:53	11:04
102	Adam Rocke #1345	30 - 34	Honolulu, HI	1:00:56	11:04
103	Kana Yamamoto #1333	40 - 44	F Honolulu, HI	1:00:58	11:05
104	Jai Cheon #1036	30 - 34	Honolulu, HI	1:00:59	11:05
105	Charles Smith #1222	45 - 49	Kailua, HI	1:01:02	11:05
106	Carleton Lee #1143	45 - 49	Honolulu, HI	1:01:06	11:06
107	Hannah Mayer #1310	25 - 29	F Kailua, HI	1:01:22	11:09
108	Lance Thompson #1325	35 - 39	Aberdeen, NC	1:01:37	11:12
109	Masanori Masumoto #1308	55 - 59	Honolulu, HI	1:01:49	11:14
110	Katie Davis #1050	40 - 44	F Kapolei, HI	1:01:58	11:16
111	Aaron Brandt #1022	15 - 19	Kaneohe, HI	1:02:04	11:17
112	Keith Kamikawa #1128	25 - 29	Honolulu, HI	1:02:06	11:17
113	McKinzie Webster #1246	25 - 29	F Honolulu, HI	1:02:06	11:17
114	Sydney Bruce #1272	15 - 19	F Honolulu, HI	1:02:07	11:17
115	Calum McDonald #1162	10 - 14	Kailua, HI	1:02:12	11:18
116	Steven Edwards #1063	60 - 64	Honolulu, HI	1:02:14	11:18
117	Linda Kindig #1301	45 - 49	F Honolulu, HI	1:02:17	11:19
118	Jess Logan #1150	35 - 39	F Honolulu, HI	1:02:21	11:20
119	Thomas Hixon #1111	20 - 24	Kailua, HI	1:02:23	11:20
120	Eva Smietana #1221	45 - 49	F Kailua, HI	1:02:31	11:22

121	Hateez Hussein #1355	35 - 39	Sun City, CA	1:02:33	11:22
122	Marc Arrinton #1354	30 - 34	San Diego, CA	1:02:35	11:22
123	Elliot Ptasnik #1199	30 - 34	Honolulu, HI	1:02:37	11:23
124	Celia Fernandez #1072	35 - 39	F Orange, CA	1:02:39	11:23
125	Steven Groce #1289	60 - 64	Springfield, MO	1:02:43	11:24
126	Shawn Friedel #1082	35 - 39	Mililani, HI	1:02:45	11:24
127	Nainoa Fiddler #1385	30 - 34	Kaneohe, HI	1:02:50	11:25
128	Jonathan Brandt #1023	45 - 49	Kaneohe, HI	1:02:50	11:25
129	Erin Floeter #1284	35 - 39	F Kailua, HI	1:03:00	11:27
130	Nina Brumley #1029	35 - 39	F Apo, AP	1:03:15	11:30
131	Tracy Thorstad #1238	45 - 49	F Haleiwa, HI	1:03:21	11:31
132	Paula Berger #1267	35 - 39	F Kaneohe, HI	1:03:42	11:34
133	Stuart Longster #1151	40 - 44	Niagara Falls, Can	1:03:47	11:35
134	Nara McDonald #1163	45 - 49	F Kailua, HI	1:03:49	11:36
135	Kunal Tuladhar #1326	30 - 34	Fayetteville, NC	1:04:11	11:40
136	Robert Casale #1034	30 - 34	Honolulu, HI	1:04:48	11:46
137	Nathan Kindig #1302	45 - 49	Honolulu, HI	1:04:51	11:47
138	Isabelle Harrison #1098	30 - 34	F Kailua, HI	1:04:56	11:48
139	Suzanne Canevari #1032	40 - 44	F Kailua, HI	1:05:13	11:51
140	Heather Disney-Polman #10	25 - 29	F Del Mar, CA	1:05:20	11:52
141	Cate Cullison #1046	40 - 44	F Kailua, HI	1:05:24	11:53
142	Kai Osten #1187	40 - 44	Hamburg, Deu	1:05:38	11:56
143	Jaimie Cunningham #1047	30 - 34	F Wahiawa, HI	1:05:41	11:56
144	John Flach #1074	40 - 44	Honolulu, HI	1:05:55	11:59
145	Alan Dunston #1278	50 - 54	Waipahu, HI	1:06:07	12:01
146	Shawn Jenkinson #1298	25 - 29	Pearl City, HI	1:06:09	12:01
147	Amanda Fretto #1081	35 - 39	F Kapaa, HI	1:06:15	12:02
148	Erin Levy #1145	30 - 34	F Honolulu, HI	1:06:17	12:03
149	Nora Lubliner #1153	25 - 29	F Mililani, HI	1:06:23	12:04
150	John Semanick #1219	60 - 64	Fuquay Varina, NC	1:06:27	12:04
151	Dorothy-Ann Cheng #1340	50 - 54	F Kaneohe, HI	1:06:30	12:05
152	Stefanie Forgione #1286	25 - 29	F Southern Pines, NC	1:06:32	12:05
153	Kelly Mears #1166	25 - 29	F Kailua, HI	1:06:46	12:08
154	Brittany Schlundt #1217	30 - 34	F Honolulu, HI	1:06:56	12:10
155	Susanne Goering #1091	35 - 39	F Kailua, HI	1:07:17	12:14
156	Ferris Quish #1200	30 - 34	Kapolei, HI	1:07:23	12:15
157	Celeste Harvey #1099	50 - 54	F Fuquay Varina, NC	1:07:34	12:17
158	Christopher Thomas #1379	40 - 44	Kailua, HI	1:07:35	12:17
159	Jenna Sawyer #1365	20 - 24	F Tempe, AZ	1:07:36	12:17
160	Woody Taska #1366	25 - 29	Tempe, AZ	1:07:36	12:17
161	Pearl Dunn #1058	40 - 44	F Ewa Beach, HI	1:07:36	12:17
162	Phoebe Brandt #1024	15 - 19	F Kaneohe, HI	1:07:38	12:17
163	Hannah Talley #1235	25 - 29	F Albuquerque, NM	1:07:42	12:18
164	William Burgos #1372	35 - 39	Kailua, HI	1:07:51	12:20
165	Erin Reynard #1206	35 - 39	F Kailua, HI	1:07:56	12:21
166	Bridget Hauserman #1101	35 - 39	F Sherman Oaks, CA	1:08:04	12:22

167	Christine Carr #1356	30 - 34	F Honolulu, HI	1:08:24	12:26
168	Justin Murakami #1173	30 - 34	Honolulu, HI	1:08:29	12:27
169	Mark Kennedy #1134	40 - 44	Honolulu, HI	1:08:33	12:27
170	Diana Reichelt #1205	35 - 39	F Hamburg, Deu	1:08:55	12:31
171	Jeremy Blascak #1018	30 - 34	Kailua, HI	1:09:07	12:34
172	Kathy Baker #1012	50 - 54	F Kailua, HI	1:09:10	12:34
173	Ann Berg #1015	45 - 49	F Honolulu, HI	1:09:29	12:38
174	Frances Nuar #1181	30 - 34	F Honolulu, HI	1:09:30	12:38
175	Patrick Dunavin #1057	45 - 49	Kaneohe, HI	1:09:33	12:38
176	Laura Inveen #1121	60 - 64	F Seattle, WA	1:09:46	12:41
177	Michelle Aitro #1001	40 - 44	F Kailua, HI	1:09:48	12:41
178	Jami Hirota #1110	40 - 44	F Honolulu, HI	1:09:50	12:41
179	Janice Ashforth #1008	60 - 64	F Sheffield, Gbr	1:09:50	12:41
180	Christopher Sepulveda #13	35 - 39	Los Angeles, CA	1:10:00	12:43
181	Van Hill #1292	35 - 39	Pearl City, HI	1:10:16	12:46
182	Kaiana Tirrell #1386	30 - 34	Kaneohe, HI	1:10:37	12:50
183	Stefan Pampulov #1359	40 - 44	Honolulu, HI	1:11:03	12:55
184	Courtney Duckworth #1276	30 - 34	F Bluffdale, UT	1:11:13	12:56
185	Nikki Arakawa #1005	25 - 29	F Honolulu, HI	1:11:22	12:58
186	Lindsay Bliss #1269	35 - 39	F Honolulu, HI	1:11:49	13:03
187	Heather Roberts #1322	35 - 39	F Pearl City, HI	1:11:51	13:03
188	Amber Franda #1077	30 - 34	F Depere, WI	1:11:51	13:03
189	Nicole Esser #1070	30 - 34	F Wahiawa, HI	1:11:52	13:04
190	Jen Engeberg #1064	35 - 39	F Honolulu, HI	1:12:03	13:06
191	Betsy Willing #1254	30 - 34	F Honolulu, HI	1:12:05	13:06
192	Thomas McDonald #1164	50 - 54	Kailua, HI	1:12:08	13:06
193	Christopher Cone #1041	30 - 34	Kaneohe, HI	1:12:12	13:07
194	Alexia Inigues #1344	45 - 49	F Seattle, WA	1:12:22	13:09
195	Lance Hobson #1113	45 - 49	Boise, ID	1:12:37	13:12
196	Jana Hobson #1112	35 - 39	F Boise, ID	1:12:38	13:12
197	Alyse Trejo #1242	35 - 39	F Honolulu, HI	1:12:38	13:12
198	Mariko Nagasaka #1175	45 - 49	F Honolulu, HI	1:12:40	13:12
199	Laura Edger #1279	25 - 29	F Honolulu, HI	1:12:52	13:14
200	Ellen Sawyer #1213	25 - 29	F Columbia, SC	1:12:54	13:15
201	Robert T Sawyer #1214	25 - 29	Columbia, SC	1:12:55	13:15
202	Erica Talley #1234	30 - 34	F Albuquerque, NM	1:12:58	13:16
203	Rachel Maiers #1380	35 - 39	F Kaliua	1:12:59	13:16
204	Michael Zigrosser #1387	30 - 34	Bayport, NY	1:13:13	13:18
205	Jackie Vaughan #1328	25 - 29	F Kahuku, HI	1:13:24	13:20
206	Treena Kamiya #1129	45 - 49	F Honolulu, HI	1:13:25	13:20
207	Catherine Young #1259	50 - 54	F San Rafael, CA	1:13:30	13:21
208	Jim Pope #1194	45 - 49	Waipahu, HI	1:13:35	13:22
209	John York #1334	50 - 54	Honolulu, HI	1:14:07	13:28
210	Melvin Ibale #1119	50 - 54	Mililani, HI	1:14:10	13:29
211	Sarah Bacayan #1010	40 - 44	F Aiea, HI	1:14:16	13:30
212	Maria Nunner #1336	65 - 69	F Baltmannoliler, Ge	1:14:21	13:31

213 Marty Ray Hall #1094	25 - 29	Albuquerque, NM	1:14:22	13:31
214 Frank Billick #1367	45 - 49	New York, NY	1:14:31	13:32
215 Kristen Dulay #1055	20 - 24	F Ewa Beach, HI	1:14:52	13:36
216 Maia Miller #1168	25 - 29	F Kaneohe, HI	1:14:53	13:36
217 Caroline Nehls #1179	35 - 39	F Cambridge, MA	1:15:00	13:38
218 James Horiuchi #1114	35 - 39	Honolulu, HI	1:15:01	13:38
219 Colleen White #1249	60 - 64	F New Westminster, C	1:15:03	13:38
220 Ross Tanouye #1236	30 - 34	Mililani, HI	1:15:05	13:39
221 Noah Epstein #1065	35 - 39	Honolulu, HI	1:15:19	13:41
222 Lisa Contaldo #1042	40 - 44	F Benicia, CA	1:15:23	13:42
223 Emilie Stickley #1324	35 - 39	F Kaneohe, HI	1:15:38	13:45
224 Laura King #1137	30 - 34	F Honolulu, HI	1:15:40	13:45
225 Alvarez Alvarez #1368	35 - 39	San Anselmo, CA	1:15:42	13:45
226 Julio Nieves #1180	30 - 34	Honolulu, HI	1:15:44	13:46
227 Gretchen Miller #1349	35 - 39	F Honolulu, HI	1:15:49	13:47
228 Jennifer Mares #1157	30 - 34	F Honolulu, HI	1:15:55	13:48
229 Amber House #1352	30 - 34	F Honolulu, HI	1:16:01	13:49
230 Shaunagh Wegener #1247	40 - 44	F St Catharines, Can	1:16:13	13:51
231 Heena Dhorajia #1052	35 - 39	F Closter, NJ	1:16:16	13:52
232 Pamela Rawson #1204	75 - 79	F Sheffield, Gbr	1:16:33	13:55
233 Tish Woolsey #1257	50 - 54	F Kaneohe, HI	1:16:59	13:59
234 Melissa Pampulov #1360	40 - 44	F Honolulu, HI	1:17:01	14:00
235 Matthew Levy #1146	35 - 39	Honolulu, HI	1:17:20	14:03
236 Jennifer Sullivan #1229	55 - 59	F Cooma, Aus	1:17:32	14:05
237 Melanie Alano #1263	40 - 44	F Honolulu, HI	1:17:34	14:06
238 Sharon Pena #1318	35 - 39	F Kapolei, HI	1:17:43	14:07
239 Summer Huff #1353	30 - 34	F San Francisco, CA	1:18:09	14:12
240 Larry Gearing #1085	65 - 69	Kapolei, HI	1:18:55	14:20
241 Cedric Petty, Sr. #1320	55 - 59	Kaneohe, HI	1:19:15	14:24
242 Jennifer Jakovenko #1296	40 - 44	F Honolulu, HI	1:19:43	14:29
243 Brian O'connor #1183	60 - 64	Honolulu, HI	1:19:51	14:31
244 Anya Stapelfeld #1225	30 - 34	F Haleiwa, HI	1:20:05	14:33
245 Jonathan Horn #1115	35 - 39	Kailua, HI	1:20:14	14:35
246 Arlene Howard #1116	45 - 49	F Honolulu, HI	1:20:23	14:36
247 Ha Kim #1135	40 - 44	F Honolulu, HI	1:21:00	14:43
248 Norely Hayes #1373	30 - 34	F Mililani, HI	1:21:20	14:47
249 Maricela Strom #1227	35 - 39	F Honolulu, HI	1:21:36	14:50
250 Mark Strom #1228	35 - 39	Honolulu, HI	1:21:37	14:50
251 Leroy Daleen #1049	65 - 69	San Jose, CA	1:21:49	14:52
252 Kenneth Okayama #1185	55 - 59	Honolulu, HI	1:21:56	14:53
253 Franis Duras #1378	45 - 49	Schofield Bks, HI	1:22:00	14:54
254 Jenny Hamasaki #1290	35 - 39	F Aiea, HI	1:22:12	14:56
255 Josh Friesen #1083	40 - 44	Pritchard, BR	1:22:45	15:02
256 Cora Geronimo #1086	45 - 49	F Kailua, HI	1:23:54	15:15
257 Kira Johnson #1342	25 - 29	F Emeryville, CA	1:23:55	15:15
258 Gerhard Rupprecht #1209	60 - 64	Baltmannsweiler, D	1:24:20	15:20

259	Debbie Hanson #1096	65 - 69	F Boise, ID	1:24:28	15:21
260	Denise Stehman #1226	45 - 49	F Cape May court hou	1:24:48	15:25
261	Jill Monroe #1381	35 - 39	F \nnnapolis, MD	1:24:57	15:26
262	Scott Sullivan #1230	70 - 74	Kaneohe, HI	1:25:01	15:27
263	Michael Karlson #1299	30 - 34	Carthage, NC	1:25:13	15:29
264	Sompone Oudomkhathi #1317	30 - 34	Fort Bragg, NC	1:25:13	15:29
265	Kelsey McCullough #1312	20 - 24	F Kailua, FL	1:25:15	15:30
266	Hisako Matsui #1309	55 - 59	F Honolulu, HI	1:25:18	15:30
267	Shauna Ruby #1207	45 - 49	F Sarasota, PA	1:25:22	15:31
268	Hannah Oconnor #1184	25 - 29	F Waialua, HI	1:25:37	15:34
269	Lily Tran #1241	45 - 49	F Honolulu, HI	1:25:55	15:37
270	Micah Ibale #1120	15 - 19	Mililani, HI	1:26:11	15:40
271	Michael Fagan #1283	40 - 44	Honolulu, HI	1:26:15	15:40
272	Marissa Ibera #1294	40 - 44	F Waipahu, HI	1:26:27	15:43
273	Tracy Woodrow #1256	50 - 54	F Kailua, HI	1:26:30	15:43
274	Michelle Harrington #1348	35 - 39	F Honolulu, HI	1:27:17	15:52
275	Carl Anderson #1003	75 - 79	OH	1:27:19	15:52
276	Heather Lammers #1140	45 - 49	F Kaneohe, HI	1:27:20	15:52
277	Sandra Ragley #1201	50 - 54	F Kaneohe, HI	1:27:22	15:53
278	Kanae Ogasawara #1316	45 - 49	F Honolulu, HI	1:27:38	15:56
279	Akira Uchiyama #1327	60 - 64	Honolulu, HI	1:27:39	15:56
280	Junko Yujiri #1335	30 - 34	F Honolulu, HI	1:27:41	15:56
281	Krystle Harrell #1097	25 - 29	F Honolulu, HI	1:28:32	16:05
282	Vanna Porter #1195	30 - 34	F Pearl City, HI	1:29:28	16:16
283	Joleen Dunavin #1056	40 - 44	F Kaneohe, HI	1:29:31	16:16
284	Melissa Brownell #1028	35 - 39	F Salt Lake city, UT	1:30:34	16:28
285	Amanda Hamborg #1339	20 - 24	F Birkerod, Dnk	1:31:08	16:34
286	Birgitte Hambor Jakobsen	45 - 49	F Birkerod, Dnk	1:31:10	16:34
287	Drew Kelly #1357	65 - 69	Alpharetta, GA	1:32:36	16:50
288	Jennifer Walker #1383	35 - 39	F Honolulu, HI	1:32:50	16:52
289	Trisha Roberts #1382	25 - 29	F Honolulu, HI	1:32:50	16:52
290	Kimberly Hunt #1118	40 - 44	F Hauula, HI	1:34:14	17:08
291	Marie Hernandez #1104	35 - 39	F Haleiwa, HI	1:35:35	17:22
292	Dana Brown #1026	40 - 44	F Honolulu, HI	1:37:27	17:43
293	Jennifer Wichterman #1332	35 - 39	F Haleiwa, HI	1:37:36	17:44
294	Larry Provost #1197	50 - 54	Kailia, HI	1:37:48	17:46
295	Leann Provost #1198	50 - 54	F Kailia, HI	1:37:50	17:47
296	Evan Esaki #1281	50 - 54	Kaneohe, HI	1:37:53	17:47
297	Linda Laub #1141	50 - 54	F Scottsdale, AZ	1:38:29	17:54
298	Betty Mott #1350	65 - 69	F Mill Valley, CA	1:38:59	17:59
299	Jacqueline Freeland #1079	50 - 54	F Kailua, HI	1:42:40	18:40
300	John Freeland #1080	55 - 59	Kailua, HI	1:42:42	18:40
301	Kristen Ernst #1068	20 - 24	F Laramie, WY	1:43:32	18:49
302	Sydney Ernst #1069	25 - 29	F Laramie, WY	1:43:34	18:49
303	Amy Ernst #1067	45 - 49	F Laramie, WY	1:43:36	18:50
304	Carrie Buckman #1343	45 - 49	F Charlotte, NC	1:46:14	19:18

305 Julie Elersich #1280	50 - 54	F Haleiwa, HI	1:46:19	19:19
306 Janet Jimenez #1124	35 - 39	F Los Angeles, CA	1:46:40	19:23
307 John Mott #1351	70 - 74	Mill Valley, CA	1:46:42	19:24
308 Suyen Baculi #1363	35 - 39	F Honolulu, HI	1:47:06	19:28
309 Ryan Kunishima #1362	45 - 49	Ewa Beach, HI	1:47:09	19:28

[JTL Home](#)

[Overall Results - 10K](#)

**[Men's Division - 10K](#)**

[Women's Division - 10K](#)

## 2016 Paul Mitchell **X**TERRA Kualoa Ranch 10K Trail Run

December 4, 2016 - Kualoa Ranch, Kaaawa, Hawaii

Official Results by: [JTL Timing Systems](#)

### Men's Division Results - 10K

Plc	Name	Residence	Time	Pace
10 - 14 Male				
=====				
1	Lance Spicer	Wahiawa, HI	:53:00	09:38
2	Calum McDonald	Kailua, HI	1:02:12	11:18
15 - 19 Male				
=====				
1	Jason Wang	Honolulu, HI	:39:55	07:15
2	Hudson Lockette	Kailua, HI	:42:15	07:40
3	Justin Berry	Honolulu, HI	:44:50	08:09
4	James Esaki	Kaneohe, HI	:46:22	08:25
5	Koshin Matsushima	Honolulu, HI	:57:47	10:30
6	Aaron Brandt	Kaneohe, HI	1:02:04	11:17
7	Micah Ibale	Mililani, HI	1:26:11	15:40
20 - 24 Male				
=====				
1	Dillon Plummer	Kailua, HI	:40:50	07:25
2	Joseph Spina	Kailua, HI	:41:05	07:28



3	Peter Severs	Kailua, HI	:51:21	09:20
4	Steven Covelman	Waialua, HI	:51:30	09:21
5	Charles McCarthy	Kailua, HI	:58:49	10:41
6	Thomas Hixon	Kailua, HI	1:02:23	11:20

25 - 29 Male

=====

1	Sy Poggemeyer	Kailua, HI	:41:36	07:33
2	Brian Wyland	Haleiwa, HI	:43:01	07:49
3	Jonathon Loeswick	Honolulu, HI	:45:10	08:12
4	Steven Rath	Honolulu, HI	:46:44	08:29
5	William Cowell	Kaneohe, HI	:47:44	08:40
6	Andrew Shea	Kailua, HI	:47:45	08:40
7	Ian Wesley-Smith	Kaneohe, HI	:47:55	08:42
8	Phuoc Dinh	Honolulu, HI	:52:37	09:34
9	Michael Aguilar	Kaneohe, HI	:54:39	09:56
10	Matthew Markham	Honolulu, HI	:58:24	10:37
11	Igor Sobreira	Kailua, HI	:59:24	10:48
12	Keith Kamikawa	Honolulu, HI	1:02:06	11:17
13	Shawn Jenkinson	Pearl City, HI	1:06:09	12:01
14	Woody Taska	Tempe, AZ	1:07:36	12:17
15	Robert T Sawyer	Columbia, SC	1:12:55	13:15
16	Marty Ray Hall	Albuquerque, NM	1:14:22	13:31

30 - 34 Male

=====

1	Andrew McHowell	Honolulu, HI	:41:27	07:32
2	Rod Baybayan	Kaneohe, HI	:42:46	07:46
3	Jacob Fisher	Lincoln, NE	:48:47	08:52
4	Andrew Kamakawa	Honolulu, HI	:49:45	09:02
5	Jonathan Bator	Honolulu, HI	:49:46	09:02
6	Shaun Hulsizer	Wahiawa, HI	:50:40	09:12
7	Blane Gaison	Kaneohe, HI	:51:06	09:17
8	Steven King	Honolulu, HI	:51:49	09:25
9	Justin Eckert	Denville, NJ	:52:35	09:33
10	Patrick Hansen-Schmitt	Honolulu, HI	:52:38	09:34
11	Tim Graef	Honolulu, HI	:54:35	09:55
12	Richard Wright	Kailua, HI	:56:31	10:16
13	Dan Schemmel	Honolulu, HI	:56:35	10:17
14	Glenn Gleason	Honolulu, HI	:58:02	10:33
15	Brian Decicco	Haleiwa, HI	:59:28	10:48
16	Aaron Brown	Kailua, HI	:59:31	10:49
17	Scott Whited	Honolulu, HI	:59:47	10:52
18	Adam Rocke	Honolulu, HI	1:00:56	11:04

19	Jai Cheon	Honolulu, HI	1:00:59	11:05
20	Marc Arrinton	San Diego, CA	1:02:35	11:22
21	Elliot Ptasnik	Honolulu, HI	1:02:37	11:23
22	Nainoa Fiddler	Kaneohe, HI	1:02:50	11:25
23	Kunal Tuladhar	Fayetteville, NC	1:04:11	11:40
24	Robert Casale	Honolulu, HI	1:04:48	11:46
25	Ferris Quish	Kapolei, HI	1:07:23	12:15
26	Justin Murakami	Honolulu, HI	1:08:29	12:27
27	Jeremy Blascak	Kailua, HI	1:09:07	12:34
28	Kaiana Tirrell	Kaneohe, HI	1:10:37	12:50
29	Christopher Cone	Kaneohe, HI	1:12:12	13:07
30	Michael Zigrosser	Bayport, NY	1:13:13	13:18
31	Ross Tanouye	Mililani, HI	1:15:05	13:39
32	Julio Nieves	Honolulu, HI	1:15:44	13:46
33	Michael Karlson	Carthage, NC	1:25:13	15:29
34	Sompone Oudomkhathi	Fort Bragg, NC	1:25:13	15:29

35 - 39 Male

=====

1	Zachary Reeves	Haleiwa, HI	:39:00	07:05
2	Kane Kukowski	Kailua, HI	:48:20	08:47
3	Big Hungry	San Clemente, CA	:53:02	09:38
4	Jeremy Neal	Honolulu, HI	:55:58	10:10
5	Cliff Tomosada	Honolulu, HI	:57:02	10:22
6	Jason Haskins	Honolulu, HI	:57:50	10:30
7	Jeremy Fleming	Kailua, HI	:59:41	10:51
8	Lance Thompson	Aberdeen, NC	1:01:37	11:12
9	Hateez Hussein	Sun City, CA	1:02:33	11:22
10	Shawn Friedel	Mililani, HI	1:02:45	11:24
11	William Burgos	Kailua, HI	1:07:51	12:20
12	Christopher Sepulveda	Los Angeles, CA	1:10:00	12:43
13	Van Hill	Pearl City, HI	1:10:16	12:46
14	James Horiuchi	Honolulu, HI	1:15:01	13:38
15	Noah Epstein	Honolulu, HI	1:15:19	13:41
16	Alvarez Alvarez	San Anselmo, CA	1:15:42	13:45
17	Matthew Levy	Honolulu, HI	1:17:20	14:03
18	Jonathan Horn	Kailua, HI	1:20:14	14:35
19	Mark Strom	Honolulu, HI	1:21:37	14:50

40 - 44 Male

=====

1	David Sharpe	Cheltenham, UK	:48:38	08:50
2	James Ireland	Honolulu, HI	:56:37	10:17
3	Robert Runser	Mililani, HI	:57:31	10:27

4	Steve Katai	Carlsbad, CA	:57:37	10:28
5	Tomasz Bekas	Kapolei, HI	:58:07	10:34
6	Scott Cloyd	Kailua, HI	:58:33	10:38
7	Ben Leppard	Kailua, HI	:58:35	10:39
8	Darryl Kasprick	Calgary, Can	:58:43	10:40
9	Matthew Hall	Kailua, HI	:59:26	10:48
10	Stuart Longster	Niagara Falls, Can	1:03:47	11:35
11	Kai Osten	Hamburg, Deu	1:05:38	11:56
12	John Flach	Honolulu, HI	1:05:55	11:59
13	Christopher Thomas	Kailua, HI	1:07:35	12:17
14	Mark Kennedy	Honolulu, HI	1:08:33	12:27
15	Stefan Pampulov	Honolulu, HI	1:11:03	12:55
16	Josh Friesen	Pritchard, BR	1:22:45	15:02
17	Michael Fagan	Honolulu, HI	1:26:15	15:40

45 - 49 Male

=====

1	Sean Berg	Honolulu, HI	:42:24	07:42
2	Andrew Miller	Aiea, HI	:51:58	09:26
3	Jeff Samson	Oakley, CA	:53:24	09:42
4	Michael Lendvay	Kaneohe, HI	:55:23	10:04
5	Andrew Hirai	Honolulu, HI	:56:00	10:10
6	Charles Smith	Kailua, HI	1:01:02	11:05
7	Carleton Lee	Honolulu, HI	1:01:06	11:06
8	Jonathan Brandt	Kaneohe, HI	1:02:50	11:25
9	Nathan Kindig	Honolulu, HI	1:04:51	11:47
10	Patrick Dunavin	Kaneohe, HI	1:09:33	12:38
11	Lance Hobson	Boise, ID	1:12:37	13:12
12	Jim Pope	Waipahu, HI	1:13:35	13:22
13	Frank Billick	New York, NY	1:14:31	13:32
14	Franis Duras	Schofield Bks, HI	1:22:00	14:54
15	Ryan Kunishima	Ewa Beach, HI	1:47:09	19:28

50 - 54 Male

=====

1	John Svenstrup	Bolingbrook, IL	:49:11	08:56
2	Gary Asato	Kailua, HI	:52:40	09:34
3	Tim Serwe	Wauwatosha, WI	:56:34	10:17
4	Alan Dunston	Waipahu, HI	1:06:07	12:01
5	Thomas McDonald	Kailua, HI	1:12:08	13:06
6	John York	Honolulu, HI	1:14:07	13:28
7	Melvin Ibale	Mililani, HI	1:14:10	13:29
8	Larry Provost	Kailua, HI	1:37:48	17:46
9	Evan Esaki	Kaneohe, HI	1:37:53	17:47

## 55 - 59 Male

=====

1	Ash Dustow	Lanai City, HI	:42:34	07:44
2	Ed Bickley	Calgary, Can	:45:26	08:15
3	Andrew Palowitch	McLean, VA	:51:03	09:16
4	Richard Varley	Honolulu, HI	:58:00	10:32
5	Masanori Masumoto	Honolulu, HI	1:01:49	11:14
6	Cedric Petty, Sr.	Kaneohe, HI	1:19:15	14:24
7	Kenneth Okayama	Honolulu, HI	1:21:56	14:53
8	John Freeland	Kailua, HI	1:42:42	18:40

## 60 - 64 Male

=====

1	Steven Edwards	Honolulu, HI	1:02:14	11:18
2	Steven Groce	Springfield, MO	1:02:43	11:24
3	John Semanick	Fuquay Varina, NC	1:06:27	12:04
4	Brian O'connor	Honolulu, HI	1:19:51	14:31
5	Gerhard Rupprecht	Baltmannsweiler, Deu	1:24:20	15:20
6	Akira Uchiyama	Honolulu, HI	1:27:39	15:56

## 65 - 69 Male

=====

1	Larry Gearing	Kapolei, HI	1:18:55	14:20
2	Leroy Daleen	San Jose, CA	1:21:49	14:52
3	Drew Kelly	Alpharetta, GA	1:32:36	16:50

## 70 - 74 Male

=====

1	Scott Sullivan	Kaneohe, HI	1:25:01	15:27
2	John Mott	Mill Valley, CA	1:46:42	19:24

## 75 - 79 Male

=====

1	Carl Anderson	OH	1:27:19	15:52
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# 2016 Paul Mitchell **XTERRA** Kualoa Ranch 10K Trail Run

December 4, 2016 - Kualoa Ranch, Kaaawa, Hawaii

Official Results by: [JTL Timing Systems](#)

## Women's Division Results - 10K

Plc Name	Residence	Time	Pace
10 - 14 Female =====			
1 Kayla Almeida	Punaluu, HI	:46:03	08:22
15 - 19 Female =====			
1 Ku'ulei Neher	Kailua, HI	:49:48	09:03
2 Kili Kawaiaea	Waianae, HI	:53:29	09:43
3 Sydney Bruce	Honolulu, HI	1:02:07	11:17
4 Phoebe Brandt	Kaneohe, HI	1:07:38	12:17
20 - 24 Female =====			
1 Alexandra Asuncion	Kailua, HI	:54:24	09:53
2 Morgan Mark	Honolulu, HI	:56:52	10:20
3 Kristy Brown	Honolulu, HI	:59:38	10:50
4 Jenna Sawyer	Tempe, AZ	1:07:36	12:17
5 Kristen Dulay	Ewa Beach, HI	1:14:52	13:36
6 Kelsey McCullough	Kailua, FL	1:25:15	15:30
7 Amanda Hamborg	Birkerod, Dnk	1:31:08	16:34
8 Kristen Ernst	Laramie, WY	1:43:32	18:49
25 - 29 Female =====			
1 Rosanna Breslin	Honolulu, HI	:46:13	08:24
2 Molly Ashkenas	Honolulu, HI	:46:49	08:30
3 Danielle Reminger	Kaneohe, HI	:49:05	08:55
4 Brittani Lum	Kailua, HI	:51:00	09:16
5 Catherine Nuar	Chatan, Jpn	:51:28	09:21

6	Katie Craigie	Waipahu, HI	:51:36	09:22
7	Sealey Desoto	Kailua, HI	:54:52	09:58
8	Ruth Bailey	Kailua, HI	:55:43	10:07
9	Heather Macdonald	Kailua, HI	:56:30	10:16
10	Kristia Suriben	Bremerton, WA	:58:51	10:42
11	Emily Wittke	Kailua, HI	1:00:03	10:55
12	Hannah Mayer	Kailua, HI	1:01:22	11:09
13	McKinzie Webster	Honolulu, HI	1:02:06	11:17
14	Heather Disney-Polman	Del Mar, CA	1:05:20	11:52
15	Nora Lubliner	Mililani, HI	1:06:23	12:04
16	Stefanie Forgione	Southern Pines, NC	1:06:32	12:05
17	Kelly Mears	Kailua, HI	1:06:46	12:08
18	Hannah Talley	Albuquerque, NM	1:07:42	12:18
19	Nikki Arakawa	Honolulu, HI	1:11:22	12:58
20	Laura Edger	Honolulu, HI	1:12:52	13:14
21	Ellen Sawyer	Columbia, SC	1:12:54	13:15
22	Jackie Vaughan	Kahuku, HI	1:13:24	13:20
23	Maia Miller	Kaneohe, HI	1:14:53	13:36
24	Kira Johnson	Emeryville, CA	1:23:55	15:15
25	Hannah Oconnor	Waialua, HI	1:25:37	15:34
26	Krystle Harrell	Honolulu, HI	1:28:32	16:05
27	Trisha Roberts	Honolulu, HI	1:32:50	16:52
28	Sydney Ernst	Laramie, WY	1:43:34	18:49

30 - 34 Female

=====

1	Abby Peterson	Denver, CO	:49:41	09:02
2	Emily Moore	Kaneohe, HI	:51:35	09:22
3	Tracey Eckert	Denville, NJ	:52:34	09:33
4	Meagan Burke	Honolulu, HI	:52:57	09:37
5	Lillian Tuttle	Honolulu, HI	:54:37	09:55
6	Anna Dunn	Honolulu, HI	:56:24	10:15
7	Jennifer Gorney	Honolulu, HI	1:00:05	10:55
8	Jenna Nakao	Waipahu, HI	1:00:53	11:04
9	Isabelle Harrison	Kailua, HI	1:04:56	11:48
10	Jaimie Cunningham	Wahiawa, HI	1:05:41	11:56
11	Erin Levy	Honolulu, HI	1:06:17	12:03
12	Brittany Schlundt	Honolulu, HI	1:06:56	12:10
13	Christine Carr	Honolulu, HI	1:08:24	12:26
14	Frances Nuar	Honolulu, HI	1:09:30	12:38
15	Courtney Duckworth	Bluffdale, UT	1:11:13	12:56
16	Amber Franda	Depere, WI	1:11:51	13:03
17	Nicole Esser	Wahiawa, HI	1:11:52	13:04
18	Betsy Willing	Honolulu, HI	1:12:05	13:06
19	Erica Talley	Albuquerque, NM	1:12:58	13:16

20	Laura King	Honolulu, HI	1:15:40	13:45
21	Jennifer Mares	Honolulu, HI	1:15:55	13:48
22	Amber House	Honolulu, HI	1:16:01	13:49
23	Summer Huff	San Francisco, CA	1:18:09	14:12
24	Anya Stapelfeld	Haleiwa, HI	1:20:05	14:33
25	Norely Hayes	Mililani, HI	1:21:20	14:47
26	Junko Yujiri	Honolulu, HI	1:27:41	15:56
27	Vanna Porter	Pearl City, HI	1:29:28	16:16

35 - 39 Female

=====

1	Susie Stephen	Kaneohe, HI	:47:46	08:41
2	Mel Selby	Hunters Hill, Aus	:52:04	09:28
3	Beth Mina	Kailua, HI	:55:02	10:00
4	Jocelyn Chong	Honolulu, HI	:57:00	10:21
5	Bianca Clifton	Sydney, Aus	:59:50	10:52
6	Jess Logan	Honolulu, HI	1:02:21	11:20
7	Celia Fernandez	Orange, CA	1:02:39	11:23
8	Erin Floeter	Kailua, HI	1:03:00	11:27
9	Nina Brumley	Apo, AP	1:03:15	11:30
10	Paula Berger	Kaneohe, HI	1:03:42	11:34
11	Amanda Fretto	Kapaa, HI	1:06:15	12:02
12	Susanne Goering	Kailua, HI	1:07:17	12:14
13	Erin Reynard	Kailua, HI	1:07:56	12:21
14	Bridget Hauserman	Sherman Oaks, CA	1:08:04	12:22
15	Diana Reichelt	Hamburg, Deu	1:08:55	12:31
16	Lindsay Bliss	Honolulu, HI	1:11:49	13:03
17	Heather Roberts	Pearl City, HI	1:11:51	13:03
18	Jen Engeberg	Honolulu, HI	1:12:03	13:06
19	Jana Hobson	Boise, ID	1:12:38	13:12
20	Alyse Trejo	Honolulu, HI	1:12:38	13:12
21	Rachel Maiers	Kaliua	1:12:59	13:16
22	Caroline Nehls	Cambridge, MA	1:15:00	13:38
23	Emilie Stickley	Kaneohe, HI	1:15:38	13:45
24	Gretchen Miller	Honolulu, HI	1:15:49	13:47
25	Heena Dhorajia	Closter, NJ	1:16:16	13:52
26	Sharon Pena	Kapolei, HI	1:17:43	14:07
27	Maricela Strom	Honolulu, HI	1:21:36	14:50
28	Jenny Hamasaki	Aiea, HI	1:22:12	14:56
29	Jill Monroe	\nnapolis, MD	1:24:57	15:26
30	Michelle Harrington	Honolulu, HI	1:27:17	15:52
31	Melissa Brownell	Salt Lake city, UT	1:30:34	16:28
32	Jennifer Walker	Honolulu, HI	1:32:50	16:52
33	Marie Hernandez	Haleiwa, HI	1:35:35	17:22
34	Jennifer Wichterman	Haleiwa, HI	1:37:36	17:44

35 Janet Jimenez	Los Angeles, CA	1:46:40	19:23
36 Suyen Baculi	Honolulu, HI	1:47:06	19:28

40 - 44 Female

=====

1 Spring Glover	Haleiwa, HI	:53:16	09:41
2 Emily Jackson	Honolulu, HI	1:00:01	10:54
3 Kana Yamamoto	Honolulu, HI	1:00:58	11:05
4 Katie Davis	Kapolei, HI	1:01:58	11:16
5 Suzanne Canevari	Kailua, HI	1:05:13	11:51
6 Cate Cullison	Kailua, HI	1:05:24	11:53
7 Pearl Dunn	Ewa Beach, HI	1:07:36	12:17
8 Michelle Aitro	Kailua, HI	1:09:48	12:41
9 Jami Hirota	Honolulu, HI	1:09:50	12:41
10 Sarah Bacayan	Aiea, HI	1:14:16	13:30
11 Lisa Contaldo	Benicia, CA	1:15:23	13:42
12 Shaunagh Wegener	St Catharines, Can	1:16:13	13:51
13 Melissa Pampulov	Honolulu, HI	1:17:01	14:00
14 Melanie Alano	Honolulu, HI	1:17:34	14:06
15 Jennifer Jakovenko	Honolulu, HI	1:19:43	14:29
16 Ha Kim	Honolulu, HI	1:21:00	14:43
17 Marissa Ibera	Waipahu, HI	1:26:27	15:43
18 Joleen Dunavin	Kaneohe, HI	1:29:31	16:16
19 Kimberly Hunt	Hauula, HI	1:34:14	17:08
20 Dana Brown	Honolulu, HI	1:37:27	17:43

45 - 49 Female

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1 Uilani Pauole De sa	Honolulu, HI	:54:12	09:51
2 Bethany Lee	Honolulu, HI	:57:57	10:32
3 Linda Kindig	Honolulu, HI	1:02:17	11:19
4 Eva Smietana	Kailua, HI	1:02:31	11:22
5 Tracy Thorstad	Haleiwa, HI	1:03:21	11:31
6 Nara McDonald	Kailua, HI	1:03:49	11:36
7 Ann Berg	Honolulu, HI	1:09:29	12:38
8 Alexia Inigues	Seattle, WA	1:12:22	13:09
9 Mariko Nagasaka	Honolulu, HI	1:12:40	13:12
10 Treena Kamiya	Honolulu, HI	1:13:25	13:20
11 Arlene Howard	Honolulu, HI	1:20:23	14:36
12 Cora Geronimo	Kailua, HI	1:23:54	15:15
13 Denise Stehman	Cape May court house,	1:24:48	15:25
14 Shauna Ruby	Sarasota, PA	1:25:22	15:31
15 Lily Tran	Honolulu, HI	1:25:55	15:37
16 Heather Lammers	Kaneohe, HI	1:27:20	15:52



17 Kanae Ogasawara	Honolulu, HI	1:27:38	15:56
18 Birgitte Hambor Jakobsen	Birkerød, Dnk	1:31:10	16:34
19 Amy Ernst	Laramie, WY	1:43:36	18:50
20 Carrie Buckman	Charlotte, NC	1:46:14	19:18

50 - 54 Female

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1 Dorothy-Ann Cheng	Kaneohe, HI	1:06:30	12:05
2 Celeste Harvey	Fuquay Varina, NC	1:07:34	12:17
3 Kathy Baker	Kailua, HI	1:09:10	12:34
4 Catherine Young	San Rafael, CA	1:13:30	13:21
5 Tish Woolsey	Kaneohe, HI	1:16:59	13:59
6 Tracy Woodrow	Kailua, HI	1:26:30	15:43
7 Sandra Ragley	Kaneohe, HI	1:27:22	15:53
8 Leann Provost	Kailia, HI	1:37:50	17:47
9 Linda Laub	Scottsdale, AZ	1:38:29	17:54
10 Jacqueline Freeland	Kailua, HI	1:42:40	18:40
11 Julie Elersich	Haleiwa, HI	1:46:19	19:19

55 - 59 Female

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1 Jennifer Sullivan	Cooma, Aus	1:17:32	14:05
2 Hisako Matsui	Honolulu, HI	1:25:18	15:30

60 - 64 Female

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1 Laura Inveen	Seattle, WA	1:09:46	12:41
2 Janice Ashforth	Sheffield, Gbr	1:09:50	12:41
3 Colleen White	New Westminster, Can	1:15:03	13:38

65 - 69 Female

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1 Maria Nunner	Baltmannoliler, Ger	1:14:21	13:31
2 Debbie Hanson	Boise, ID	1:24:28	15:21
3 Betty Mott	Mill Valley, CA	1:38:59	17:59

75 - 79 Female

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1 Pamela Rawson	Sheffield, Gbr	1:16:33	13:55
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