Step 1: Identify your XTERRA Region - as determined by the location of your primary residence at the time of your first race in the 2018 season.

Northeast: (NE)
Maine, New Hampshire, Vermont, Rhode Island, Massachusetts, Connecticut, New York

Atlantic: (AT)
Pennsylvania, New Jersey, Delaware, Maryland, Virginia, West Virginia, Washington D.C.

Southeast: (SE)
Tennessee, North Carolina, South Carolina, Georgia, Alabama, Florida, Puerto Rico, US Virgin Islands

Midwest: (MW)
Minnesota, Iowa, Wisconsin, Illinois, Indiana, Michigan, Missouri, Ohio, Kentucky

South Central: (SC)
Texas, Oklahoma, Kansas, Louisiana, Mississippi, Arkansas

Mountain: (MT)
Montana, North Dakota, South Dakota, Nebraska, Colorado, Utah, New Mexico, Wyoming

Northwest: (NW)
Washington, Oregon, Idaho, Alaska

West: (W)
California, Nevada, Arizona, Hawaii, Guam, Northern Marianas Islands, Pacific Territories

Step 2: Identify your Age Group – How old you are on December 31, 2018 determines your age group.
We have divisions for men and women 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 (m), 80+ (m), and Physically Challenged. At the discretion of the race director athletes with an XTERRA age under 15 may participate, but they will not earn XAT Points.

Step 3: Race and Score – Enter as many races as you want and score points by finishing in the top 15 of your age group. There are two 100-point scale “Gold” races (Oak Mtn and Beaver Creek) and the remainder are 75-point scale “Silver” races. Find the most current schedule of events at www.xterraplanet.com.

Step 4: Minimums – You must race one XTERRA event in your region of residence and two XTERRA events total (second race can be from any region) to be eligible for XTERRA Regional Championship honors.
Points awarded at the 2018 XTERRA America Tour Races

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Note: Points are not offered at XTERRA Sprint/Short Courses or Xticer races

Step 5: Most Points Win - The athlete with the most points - by gender, by age group, and by region of residence - earns the title of XTERRA Regional Champion, and a qualifying spot into the XTERRA World Championship race to be held Oct. 28, 2018 in Kapalua, Maui. Roll downs will be permitted in instances where the regional champion has already qualified and registered to race at XTERRA Worlds. There are no deferrals.

2018 XTERRA USA Championship: It is not necessary to qualify, nor be an American, to race at the XTERRA USA Championship, which will double as the XTERRA Pan America Championship on September 15 at Snowbasin Resort in Ogden, Utah.

In Utah, the top American finisher in each age group will be honored as the XTERRA USA Champion. The top overall finisher in each age group, regardless of nationality, will be named the XTERRA Pan America Champion.

See XTERRA Pan America Tour details at www.xterrapanam.com.
1.1 What is the XTERRA America Tour (XAT)?
- The XTERRA Point Series (XPS) is a collection of independently produced off-road events owned and operated by local promoters, featuring both Gold 100-point scale and Silver 75-point scale events.
- The XTERRA Championship Series Races (XCS) are bigger races with pro purses and Maui slots on full length XTERRA courses, featuring two Gold 100-point scale (XTERRA Oak Mountain and Beaver Creek) events. XTERRA Oak Mountain and Beaver Creek are also part of the XTERRA Pan America Tour.
- These two categories of races represent the nation’s best off-road triathlon events and combine to form the XTERRA America Tour.

1.2 When is the XAT Season? What is the competition year?
- The 2018 XAT season begins on September 1st 2017 and ends on August 31st 2018. XAT events will only be held between these dates.

1.3 How does the XAT work?
- Competitors compete in as many XCS and XPS races as they want to.
- Points are awarded to the top 15 finishers in each age group by gender.
- At the end of the season - the athlete with the most points – by gender, by age group, and by XTERRA Region of Residence - earns the title of XTERRA Regional Champion and a qualifying spot into XTERRA Worlds for 2018 race.

1.4 Determine your XTERRA Region of Residence:
- The United States has been divided into eight (8) XTERRA Regions of Residence (see below)
- An athlete’s XTERRA Region of Residence is determined by his/her primary residence at the time of his/her first race of the 2018 XTERRA season.
- Should a competitor move to another XTERRA Region Of Residence during the 2018 XTERRA Season and after they have accumulated 2018 XAT points, the athlete must petition for a change of Region – in writing – to TEAM Unlimited, Inc. (info@xterraplanet.com). A determination will be made as to whether XAT points can be transferred to their new XTERRA Region Of Residence. Note: XTERRA Region transfers will not be permitted past the Series mid-way point of the Region the athlete is moving to.
2018 XTERRA Regions of Residence

- **Northeast**: (NE) = Maine, New Hampshire, Vermont, Rhode Island, Massachusetts, Connecticut, New York
- **Atlantic**: (AT) = Pennsylvania, New Jersey, Delaware, Maryland, Virginia, West Virginia, Washington D.D.
- **Southeast**: (SE) = Tennessee, North Carolina, South Carolina, Georgia, Alabama, Mississippi, Florida, Puerto Rico, US Virgin Islands
- **Midwest**: (MW) = Minnesota, Iowa, Wisconsin, Illinois, Indiana, Michigan, Missouri, Ohio, Kentucky
- **South Central**: (SC) = Texas, Oklahoma, Kansas, Louisiana, Mississippi, Arkansas
- **Mountain**: (MT) = Montana, North Dakota, South Dakota, Nebraska, New Mexico, Colorado, Utah, Wyoming
- **Northwest**: (NW) = Washington, Oregon, Idaho, Alaska
- **West**: (W) = California, Nevada, Arizona, Hawaii, Guam, Northern Marianas Islands, Pacific Territories

1.5 Determine your XTERRA Age and Age Group

- Athletes will compete in age group divisions based on their age on December 31, 2018. This is known as your XTERRA Age.

- An athlete will use his/her XTERRA Age throughout the entire 2018 XTERRA Season.

- Athletes compete in the following age groups based on his/her XTERRA Age:
  - Athletes with an XTERRA age under 15 cannot earn XAT points
  - At the discretion of the Race Director athletes with an XTERRA age under 15 may participate, but they will not earn points. Appeal in writing to info@xterraplanet.com.

1.6 XAT Points:

- Points are awarded to the TOP FIFTEEN FINISHERS in each XTERRA age group, by gender, at each 2018 XCS and XPS races. See Points Chart below.

- There are two 100-point scale “Gold” races (XTERRA Oak Mountain and Beaver Creek) and the remainder are 75-point scale “Silver” races. Find the most current schedule of events at www.xterraplanet.com.

- Note: XAT Points are not offered at XTERRA Sprint/Short Course races, Xticer races, duathlon, or XTERRA Trail Run races.
### Points awarded at the 2018 XTERRA America Tour Races

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#### 1.7 Physically Challenged Division:
- Physically Challenged athletes may choose to compete in the XTERRA Physically Challenged male/female division or in XTERRA age group divisions. PC athletes must choose whether to race in the PC or age group division at their first race of the season, and remain in that category all year.
- There are no PC age group divisions (15-19, 20-24, etc...) or disability categories (PT1, PT2, etc...)
- PC athletes who race at least one XTERRA will earn a World Championship slot.
- The PC athlete with the most points at the end of the season - by gender and by region of residence - earns the title of XTERRA PC Regional Champion.

#### 1.8 Clydesdale/Athena Division:
- Clydesdale and Athena competitive divisions are based on weight minimums outlined in the USA Triathlon Competitive Rules (Article III, 3.2). Athletes competing in the Clydesdale division must be a minimum of 220 pounds and athletes in the Athena division must be a minimum of 165 pounds.
- XTERRA XPS races may offer Clydesdale/Athena divisions. XCS will host Clydesdale/Athena divisions at the XTERRA Oak Mountain, XTERRA Beaver Creek, and XTERRA USA Championship races – however – those athletes will score points in their age group for the XTERRA America Tour standings.

#### 1.9 Race as many as you want:
- Athletes may enter as many XCS and XPS races as they want.

#### 1.10 How to count XAT Points:
- Athletes count all points accumulated during the season.

#### 1.11 Everyone is welcome to race:
- Everyone is welcome to race, however, only citizens of the United States, U.S. Territories, or foreigners residing in the U.S. will be awarded XAT Points.
When counting XAT Points, should a foreign national (not residing in U.S.) finish in the top 15, anyone finishing behind will get only overall points. Example: Jean-Pierre from Montreal races at Oak Mountain and finishes 3rd in his age group. Bill finishes 4th. Bill gets XAT Points for 4th place, not third as Points are earned for overall position in the age group – not USA citizen position in the age group.

Athletes who hold a current 2018 USAT Elite Off-Road License may race in any XAT events but will not be awarded XAT Points nor will they block age group athletes from earning XAT Points. Elite athletes will earn points in the XTERRA Pan Am Pro Series in Pelham, AL, Beaver Creek, CO, and Ogden, UT.

Elite (Pro) and age group athletes can, as per the USAT Elite Membership rules, win prize money at any XAT event that offers a prize purse. An event with a minimum $5000.00 prize purse must limit the Elite Division to athletes holding a USAT Elite License or an elite license from an ITU member federation. All individual prize money is reserved for the Elite Division.

Should an age group athlete change his/her status to an USAT Elite Off-Road athlete during the 2018 XTERRA Season and after they have started in one 2018 XTERRA America Tour event, the athlete should notify the XPS HQ in writing of their decision. Any XAT Points earned up to that date will no longer show in the XAT standings, nor will they affect the XAT standings.

- Example: Joe races in May as an age group athlete and finishes in 1st place and Bob gets 2nd place. In June Joe turns Elite (Pro). Joe’s 75 points for winning no longer show in the XAT standings, but the points are still held by him. Bob still has 67 points from that race – he does not move up to 1st.

### 1.12 What if there is a tie?

Ties at the conclusion of XTERRA Regional racing will be broken in the following order:

1. Whoever has the most points within his/her XTERRA Region of Residence.
2. The highest placing at the last race within the athlete’s Region of Residence where they competed together. Note: The term "last" does not necessarily mean the last event held in the Region.
3. Should all the tied athletes not have competed head to head in their Region, then the highest placing athlete at the last race in their XTERRA Region of Residence that either or any participated in will break the tie.

### 1.13 Who goes to the XTERRA USA Championship race?

- There is no qualification necessary. Athletes from all countries welcome.
- The 2018 XTERRA USA Championship will double as the XTERRA Pan America Championship race on Saturday, September 15, 2018 in Ogden, Utah. The top American in each division will be honored as the XTERRA USA Champion.

See XTERRA Pan America Tour details at [www.xterrapanam.com](http://www.xterrapanam.com).

*XTERRA America Tour events are sanctioned by USA Triathlon (USAT) the National Governing Body of multisport in the United States. As such all athletes are subject to the rules and regulation set forth by the USAT. Any/all details are available at [www.usatriathlon.org](http://www.usatriathlon.org)*