

## **SAFE RACE PROTOCOLS**

Your health and safety is our top priority. As such, the XTERRA World Championships COVID Safety Plan has been reviewed and approved by Maui County.

XTERRA will adhere to all current covid-related rules and restrictions set by authorities, including but not limited to Maui County and the State of Hawaii.

Additionally, XTERRA has COVID-19 Safety Certification from USA Triathlon, demonstrating our commitment to implementing the best practices outlined in the [Safe Return to Multisport](#) initiative and abiding by [USA Triathlon's Return to Racing Recommendations](#). These same practices are applied to the XTERRA Trail Run World Championship.



### **TRAVEL TO THE U.S. and STATE OF HAWAII:**

International travelers to the U.S.A. must show proof of vaccination AND a negative covid test prior to departure, effective November 8, 2021.

All inbound travelers to the State of Hawaii must participate in the [Safe Hawaii Travels](#) program, or will be subject to 10 days quarantine in a hotel/motel.

Currently, individuals fully vaccinated in the United States or its Territories may enter Hawaii without pre-travel testing or quarantine starting the 15th day after the completion of their vaccination.

All others must show a negative result from a Nucleic Acid Amplification Test (NAAT) taken from a state designated Trusted Testing and Travel Partner taken 72 hours before beginning the final leg of their trip to Hawaii is accepted.

We expect the rules to be updated shortly to reflect U.S. inbound travel policies.

### **PERSONAL RESPONSIBILITY:**

It is the responsibility of all participants to stay safe leading up to the event and to follow the guidelines in place at the event.

Athletes, staff, volunteers, and family members MUST stay home if they are feeling ill.

**The following protocols are in place for the 2021 XTERRA World Championship triathlon, trail run and Kapalua Trail Runs:**

**FIELD LIMITS**

- The XTERRA World Championship triathlon is **limited to 500 competitors**
- The XTERRA Trail Run World Championship and XTERRA Kapalua Trail Runs are **limited to 1,000 competitors**
- **Spectators are limited** to family/travel party/trainer of an XTERRA competitor. General public is not allowed.

**VACCINATION/TESTING**

- **All competitors, spectators, event crew, and lead volunteers aged 12 and over, must provide proof of covid vaccination or negative test result within 72 hours of packet pickup and race start**
- **All competitors, spectators, event crew, and lead volunteers aged 12 and over, must complete XTERRA's online health questionnaire, covid waiver and upload vaccination/test documents, prior to packet pickup and/or race start.**
- XTERRA will email a link to the health questionnaire, covid waiver, and upload site in advance of the event. Your cooperation in doing this in advance will speed your admission to the event. It will also be available onsite.
- **A wrist band will be provided to validate compliance** and only those with wrist bands will be allowed to access the race village at the Ritz-Carlton on expo and race days. Do not remove your wrist band until the event is over.
- *Safe Hawaii Travels* preflight tests will be accepted as a first test if packet pickup / race start is within the 72 hour time frame of the original test to enter the state
- Rapid antigen covid testing will be available at the Ritz-Carlton on days and times (to be posted to the event website) and administered by Doctors on Call, Maui. The cost of testing will be US\$93, and paid at the time of test.
- Participants may provide an alternative negative test result (rapid antigen or PCR/NAAT) by an independent 3rd party (eg. medical service provider - hospital, clinic, lab, pharmacy). "Home" or self-tests like BINAXNow are not acceptable unless they are performed with an unopened test kit and the test is taken in the presence of XTERRA health officials.

- A post-event health check-up will be conducted via email 14 days after the event.

## **MASKS**

- **Bring your own mask.** A supply of masks will be made available to those who do not have them.
- **Must be worn indoors and outside** with the following exceptions:
  - On race day, competitors transiting from the starting pen to the start line and while racing. Masks are required following exit from the finish area and recovery and NOT REQUIRED WHILE RACING.
  - 6 feet (2 meters) social distance can be maintained outside
  - At the race finish area awards ceremony for photos/video masks may be removed
  - For video interviews where social distance is maintained.
- We are REQUIRING all public-facing event staff, volunteers, and vendors to wear a mask .
- Bring your own mask.

## **SANITIZATION PROTOCOLS**

- We encourage regular hand washing and sanitizing
- Hand washing and sanitizing stations will be readily available, along with trash receptacles
- Regular cleaning of high touch point areas
- We discourage use of others equipment, phones, tools, etc.

## **PHYSICAL DISTANCING**

- We ask for 6 feet (2 meters) of physical distance between individuals to mitigate person-to-person contact
- Signage will be placed in key venue areas and race announcements will encourage physical distancing

## **SPECTATORS**

- Must be related to a competitor – family/travel party or trainer. There is no general public admission.
- All spectators must pass covid protocol (vaccination/testing) and show their covid wrist-band for entry.

- Spectators are limited to groups of no more than 25 on race day. Areas will be marked for spectator viewing in the start/finish area.

### **REGISTRATION AND PACKET PICK-UP**

- We encourage online registration. Trail run registration will remain open until 30 minutes prior to the event start.
- Athletes and spectators wearing covid compliance wrist bands only will be admitted. Get your wrist band before going to pick up your race packet.
- 6 feet (2 meters) of physical distance is required in the registration/packet pickup area.
- Athlete Bag storage will not be offered – **leave valuables at home.**

### **MANDATORY TRIATHLON PRE-RACE BRIEFING**

- Will be live on Facebook. A socially distanced live option will be available.

### **BODY MARKING**

- Triathletes will apply provided body marking race number and age group tattoos prior to the race.

### **TRANSITION**

- Covid wrist banded athletes only are permitted in transition
- Masks are required
- Bike rack positions will be marked with race #s and spaced to allow for distancing.

### **RACE STARTS**

- Wave starts with social distance will be employed for triathlon elites and trail runners.
- Time trial start will be utilized for triathlete age group athletes.
- Holding areas for specified groups of athletes will be used prior to start, and allow for six feet (2 meters) social distance.

### **AID STATIONS**

- We recommend you carry your own fluids during the race. Eg. hydration belt, hydration backpack, collapsible cup, or hand-held water bottle. We will provide triathlete with a new, empty bike bottle for race use at packet pickup.
- Aid stations will be self-service and provide cups only.

- Trash should be placed in the provided receptacle at aid stations. DO NOT LITTER THE COURSE.

### **XTERRA RACE MEDICAL TEAM**

- XTERRA's medical team is fully vaccinated
- Race day medical needs will employ appropriate hygiene and social distancing, where possible
- A separate area will be provided for in the event isolation is necessary for potential covid-19 cases.

### **FINISH AREA**

- Single file should be maintained in the finish chute
- Triathletes must remove their own timing chip and return it to XTERRA's chip bucket at the finish line
- Trail runner bibs will feature disposable timing chips. These do not need to be returned
- Self pick-up of finishers medal will be from a table in the finish area
- Recovery is self-serve
- Do not congregate in recovery – lying or sitting down in the finish area is not allowed. Take your drinks and pre-packaged food items and move through this area. Remain socially distanced from other athletes, spectators and volunteers
- Place trash in the provided receptacles
- Avoid shaking hands, high fives, or hugging.

### **RESULTS**

- Online results only will be offered – no kiosks or cards will be available.
- A QR code scan will provide access to results on race day and available throughout the finish area.

### **AWARDS**

- All in-person awards will be socially distanced
- All awards winners must wear a mask. You may take it off for photos
- Hand shaking, hugs or high fives are not allowed.

### **OFFICIAL FUNCTIONS AT THE HOTEL**

- Requirements will be provided 30-days prior to the event.

## REFERENCE DOCUMENTS

The following documents are provided for your information:

- CDC US Air Travel for Non U.S. Citizens (October 25, 2021):

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/noncitizens-US-air-travel.html>

U.S. Travel Policy (October 25, 2021):

<https://travel.state.gov/content/travel/en/News/visas-news/safely-resuming-travel-by-vaccine-requirement-and-rescission-of-travel-restrictions.html>

Safe Hawaii Travels

<https://hawaiicovid19.com/travel/>

Covid Travel Recommendations (PDF):

[https://www.teamusa.org/-/media/USA\\_Triathlon/PDF/Safe-Return-to-Multisport/Covid-Travel-Recommendations.pdf?la=en&hash=E9C4AA1690402BEE2D77179EA8C6F004506D54C9](https://www.teamusa.org/-/media/USA_Triathlon/PDF/Safe-Return-to-Multisport/Covid-Travel-Recommendations.pdf?la=en&hash=E9C4AA1690402BEE2D77179EA8C6F004506D54C9)

Return to Racing Recommendations for Athletes (PDF):

[https://www.teamusa.org/-/media/USA\\_Triathlon/PDF/Safe-Return-to-Multisport/Athletes\\_Return-to-Racing-Recommendations-for-Athletes.pdf?la=en&hash=7D2DEA7EDE9930D3D5FC2D5BE759FF5B38DD83C5](https://www.teamusa.org/-/media/USA_Triathlon/PDF/Safe-Return-to-Multisport/Athletes_Return-to-Racing-Recommendations-for-Athletes.pdf?la=en&hash=7D2DEA7EDE9930D3D5FC2D5BE759FF5B38DD83C5)

Return to Racing Athlete Checklist (PDF):

<http://go2.usatriathlon.org/p0800N0AZP0K0PDZrp0N4N0>