



## 2011 XTERRA Physically Challenged Program Details:

### 1.1 Rules:

- All 2011 XTERRA America Tour events are sanctioned by USA Triathlon (USAT) the National Governing Body of multisport in the United States. As such all events and athletes are subject to the rules and regulation set forth by the USAT. Any/all details are available in the USAT Rule Book at [www.usatriathlon.org](http://www.usatriathlon.org).
- Refer to the USAT Rule Book section: USA Triathlon Rule Modifications for Physically Challenged Athletes for specific detail.
- In addition – all athletes are subject to the rules and regulations set forth in the 2011 XTERRA America Tour Rules and 2011 XTERRA Competition Rules documents<sup>2</sup>.
- Ignorance of the rules is not admitted as an excuse for violations.

### 1.2 Physically Challenged Athletes:

- Any physically challenged athlete, as defined by the USAT Rule Book, may compete in any XTERRA event.
- Physically challenged athletes do NOT have to compete in the XTERRA PC Division
- Physically challenged athletes may choose to compete as an XTERRA Age Group athlete.
- At the time of the start of their first race of the 2011 XTERRA season athletes must decide whether to race as a Physically Challenged Athlete or as an Age Group athlete. Athletes will remain in this Division, score points, get ranked, and be invited to the XTERRA USA Championship by this Division and for the duration of the 2011 XTERRA season. Athletes may not switch back and forth during the season.

### 1.3 XTERRA Age and PC Age Groups:

- For the 2011 XTERRA Season – all athletes will compete based on their age on December 31, 2011. This is known as your XTERRA Age. It is also known as your USAT Age.
- An athlete will use his/her XTERRA Age throughout the entire 2011 XTERRA Season.
- For the 2011 XTERRA Season physically challenged athletes will compete in the following Age Groups: 15-39 and 40+.

<b>2011 XTERRA Physically Challenged Age Groups</b>	
Female	Age 15 - 39
Female	Age 40+
Male	Age 15 - 39
Male	Age 40+

<sup>2</sup> [http://www.xterraplanet.com/races/how\\_it\\_works.cfm](http://www.xterraplanet.com/races/how_it_works.cfm)

#### 1.4 XAT Points:

- XAT Points are awarded at all XTERRA America Tour events.
- Physically challenged athletes accumulate XAT Points via the same system utilized by all amateur Age Group athletes. See Section 1.6 of the [2011 XTERRA America Tour Rules](#) for details.

#### 1.5 XTERRA PC Categories:

- In addition, athletes in the Physically Challenged Athlete Division will be scored/ranked by the following XTERRA PC Categories:
  - Severe Leg Impairment
  - Moderate Leg Impairment
  - Arm Impairment
  - Les Autres
  - Visual Impairment/Legally Blind

#### 1.6 Qualifying for the 2011 XTERRA USA Championship:

- Physically challenged athletes qualify for the 2011 XTERRA USA Championship via the same system utilized by all amateur Age Group athletes. See the [2011 XTERRA America Tour Rules](#) for details. See grid below.

#### Invitations for PHYSICALLY CHALLENGED ATHLETES from each XTERRA Region to the 2011 XTERRA USA Championship

PC Competition Category	Age15 - 39	Age 40 +
Severe Leg Impairment - Female	2	2
Severe Leg Impairment - Male	2	2
Les Autres - Female	2	2
Les Autres - Male	2	2
Arm Impairment - Female	2	2
Arm Impairment - Male	2	2
Moderate Leg Impairment - Female	2	2
Moderate Leg Impairment - Male	2	2
Visual Impairment/Legally Blind- Female	2	2
Visual Impairment/Legally Blind - Male	2	2
Total Female:	12	12
Total Male:	12	12
<b>TOTAL:</b>	<b>24</b>	<b>24</b>

## 1.7 Qualifying for the 2011 XTERRA World Championship:

- Physically challenged athletes from the United States qualify for the 2011 XTERRA World Championship via the same system utilized by all amateur Age Group athletes. See the [2011 XTERRA America Tour Rules](#) for details. Generally there are five (5) ways to qualify:
  1. As one of the top three (3) XTERRA PC Division finishers, regardless of PC Competition Category, by gender, at any of the seven (7) XTERRA USA Championship Series races at Las Vegas, Santa Cruz, Waco, Pelham, Richmond, Beaver Creek, or Ogden.
  2. As one of the top three (3) XTERRA PC Division finishers, regardless of PC Competition Category, by gender, at the XTERRA MountainMan Points Series Races in Hawaii. This race is designed as a qualifier for Hawaii residents; however non-Hawaii residents may also earn slots at this race.
  3. As the top finisher (1) in the XTERRA PC Division, regardless of PC Competition Category, by gender, at the XTERRA Freedom Fest Points Series Races in Hawaii. This race is also designed as a qualifier for Hawaii residents; however non-Hawaii residents may also earn slots at this race.
  4. As one of the top three (3) XTERRA PC Division finishers, regardless of PC Competition Category, by gender, at any XTERRA Global tour race. See [www.XTERRAPlanet.com](http://www.XTERRAPlanet.com) for the complete schedule.
  5. Be selected via the 2011 XTERRA at-large pool by entering online or by mail. See [XTERRAPlanet.com](http://XTERRAPlanet.com) for details.