

Data:	03-04-2010	Hora:	14h00	Local:	Figueira da Foz				
Natação	1.500 mt	PT:	0 mt	Ciclismo:	35.000 mt	PT:	0 mt	Corrida:	10.000 mt

Ranking:	Circuito X-Terra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	Nataçã	PT	Ciclism	PT	Corrida	Total	Diff
1	1		Franky Batelier	-	30-34	Individual	00:18:37	00:00:43	01:19:59	00:00:31	00:36:43	02:16:35	
2	5		Bruno Pais	-	25-29	Individual	00:18:34	00:00:45	01:24:51	00:00:44	00:36:58	02:21:53	00:05:18
3	2		Nicolas Lebrun	-	35-39	Individual	00:22:27	00:00:58	01:23:09	00:00:38	00:35:38	02:22:52	00:06:16
4	10		Yeray Luxem	-	20-24	Individual	00:19:24	00:00:44	01:24:57	00:00:42	00:37:16	02:23:05	00:06:29
5	20		Lino Barruncho	-	30-34	Clube Olimpico de Oeiras	00:24:17	00:00:58	01:24:10	00:00:33	00:35:12	02:25:12	00:08:37
6	15		Fabien Combaluzier	-	30-34	Individual	00:19:39	00:00:52	01:27:18	00:00:30	00:37:30	02:25:52	00:09:16
7	21		Lieuwe Boonstra	-	30-34	Individual	00:19:25	00:01:12	01:27:38	00:00:45	00:38:17	02:27:18	00:10:42
8	11		Jim Thijs	-	30-34	JT	00:19:46	00:00:45	01:27:21	00:00:31	00:40:46	02:29:11	00:12:36
9	26		Francisco Villaescusa	-	30-34	C.N. Reus ploms Cannondale	00:22:53	00:01:04	01:25:49	00:00:35	00:39:42	02:30:06	00:13:30
10	23		Borja Gabriel Figueroa	-	20-24	Individual	00:19:37	00:00:49	01:30:21	00:00:33	00:39:45	02:31:06	00:14:31
11	13		Llewellyn Holmes	-	25-29	Kenda/badassbikes	00:23:15	00:01:10	01:25:32	00:00:40	00:41:13	02:31:52	00:15:16
12	27		Graham Wadsworth	-	25-29	Individual	00:24:19	00:00:51	01:27:06	00:00:35	00:39:45	02:32:39	00:16:03
13	3		Sam Gardner	-	35-39	Cannondale/ Snow and Rock	00:22:30	00:00:55	01:32:13	00:00:36	00:38:21	02:34:36	00:18:00
14	30		Lars van der Eerden	-	30-34	Individual	00:19:35	00:00:48	01:34:29	00:00:38	00:39:11	02:34:42	00:18:06
15	24		Tim McDowell	-	30-34	VOtwo.co.uk	00:22:19	00:01:08	01:31:23	00:00:36	00:39:21	02:34:50	00:18:14
16	17		Rafael Delaunay Gomes	-	25-29	Amiciclo	00:21:18	00:00:45	01:32:58	00:00:38	00:39:24	02:35:05	00:18:30
17	31		Custodio António	-	30-34	Clube Olimpico de Oeiras	00:24:24	00:01:31	01:34:32	00:00:48	00:35:38	02:36:55	00:20:19
18	14		Guillermo Bogas Oliva	-	30-34	MORENITO/ TRI VALDEMORO	00:24:49	00:01:31	01:29:34	00:00:52	00:42:27	02:39:14	00:22:38
19	19		Jesús Alberto Colás	-	20-24	Individual	00:21:17	00:00:55	01:35:20	00:00:37	00:41:18	02:39:29	00:22:54
20	12		Peter Hawkins	-	30-34	Individual	00:27:42	00:01:40	01:28:42	00:00:45	00:41:37	02:40:28	00:23:53
21	33		Jim Mccdonell	-	35-39	Individual	00:25:02	00:00:57	01:32:06	00:00:35	00:41:53	02:40:36	00:24:00
22	18		Gabriel Faci	-	25-29	Stadium Casablanca	00:21:23	00:00:52	01:38:33	00:00:36	00:42:04	02:43:30	00:26:54
23	60		Renata Bucher	-	30-34	Individual	00:24:31	00:01:20	01:36:09	00:00:50	00:41:51	02:44:44	00:28:08
24	25		Sérgio Dias	-	30-34	COMPEED - Tri-Oeste	00:24:30	00:01:26	01:41:43	00:00:45	00:38:27	02:46:54	00:30:18
25	69		Marion Lorblanchet	-	25-29	Individual	00:20:09	00:01:09	01:42:07	00:00:52	00:42:46	02:47:05	00:30:30
26	22		Nuno Neves	-	30-34	Individual	00:21:47	00:00:49	01:38:52	00:01:00	00:46:55	02:49:26	00:32:50
27	72		Maria Areosa	-	25-29	Clube Olimpico de Oeiras	00:19:44	00:01:59	01:48:21	00:00:43	00:40:37	02:51:26	00:34:50
28	61		Carina Wasle	-	25-29	Individual	00:23:48	00:01:42	01:43:52	00:00:45	00:43:17	02:53:27	00:36:51
29	64		Myriam Guillot	-	30-34	Individual	00:25:03	00:01:25	01:45:48	00:00:50	00:42:14	02:55:22	00:38:46
30	63		Maud Golsteyn	-	30-34	Individual	00:23:28	00:01:13	01:47:45	00:00:45	00:43:13	02:56:26	00:39:51
31	70		Judy van den Berg	-	35-39	Individual	00:24:09	00:01:40	01:46:41	00:00:58	00:44:00	02:57:29	00:40:53
32	62		Darrell Parker	-	40-44	Individual	00:23:44	00:01:15	01:49:23	00:00:59	00:46:41	03:02:03	00:45:28
33	73		Alexandra Borrelly	-	35-39	Individual	00:24:54	00:01:35	01:54:46	00:00:51	00:46:39	03:08:48	00:52:12
34	71		Yolanda Magallon Vallejo	-	35-39	Individual	00:32:14	00:01:56	01:59:44	00:00:47	00:54:33	03:29:17	01:12:42
	29		Jens Buder	DNF	35-39	STORCK-Xterra-Racing	00:23:39	00:01:09					-
	28		Cedric Lassonde	DNF	25-29	Individual	00:21:42	00:02:03					-
	16		Tiago Coutinho	DNF	30-34	Individual	00:18:45	00:01:03					-
	4		Ronny Dietz	DNF	30-34	STORCK-xterra-racing	00:19:31	00:00:59					-

Data:	03-04-2010	Hora:	14h00	Local:	Figueira da Foz				
Natação	1.500 mt	PT:	0 mt	Ciclismo:	35.000 mt	PT:	0 mt	Corrida:	10.000 mt

Ranking:	Taça de Portugal Portorfa	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	Nataçã	PT	Ciclism	PT	Corrida	Total	Diff
1	187		Ricard Calmet	-	35-39	Individual	00:22:52	00:01:17	01:25:09	00:00:54	00:40:20	02:30:33	
2	101		Wouter Beckers	-	25-29	Individual	00:22:57	00:01:16	01:29:30	00:00:57	00:42:05	02:36:47	00:06:13
3	121		Julien Carrier	-	25-29	Individual	00:22:50	00:01:25	01:30:38	00:00:57	00:42:33	02:38:25	00:07:51
4	209		Thomas Vonach	-	30-34	Individual	00:22:24	00:01:26	01:34:18	00:01:11	00:39:32	02:38:52	00:08:18
5	139		Jacky Boisset	-	30-34	TeamaltecSPORT	00:25:29	00:01:42	01:31:07	00:00:44	00:40:23	02:39:28	00:08:54
6	109		Marco De Marco	-	35-39	Individual	00:21:49	00:01:37	01:34:17	00:00:56	00:40:52	02:39:33	00:08:59
7	229		José Ribeiro	-	40-44	C. D. "Os Águias" de Alpiarça	00:27:00	00:01:16	01:30:47	00:00:55	00:39:52	02:39:52	00:09:18
8	105		Andreas Graf	-	45-49	Individual	00:26:10	00:02:18	01:30:25	00:00:50	00:40:47	02:40:32	00:09:58
9	116		Luca Molteni	-	30-34	Individual	00:23:42	00:01:00	01:33:03	00:00:52	00:43:03	02:41:42	00:11:08
10	176		Nuno Patrício	-	35-39	C. N. Alvito	00:22:43	00:01:55	01:37:54	00:00:57	00:41:19	02:44:50	00:14:16
11	178		Márcio Neves	-	25-29	Oeiras Sport Clube	00:23:35	00:01:20	01:39:25	00:00:58	00:39:38	02:44:58	00:14:24
12	186		Thomas Verré	-	20-24	Individual	00:27:34	00:01:31	01:32:57	00:00:51	00:43:22	02:46:17	00:15:43
13	125		Alessandro Casseti	-	30-34	Individual	00:25:09	00:01:52	01:36:47	00:00:52	00:42:47	02:47:29	00:16:55
14	131		Gabriel Arrayás	-	30-34	PC Bonavista	00:24:30	00:01:45	01:37:13	00:00:41	00:43:33	02:47:44	00:17:11
15	190		Armandino Chaves	-	30-34	C. T. Fundão	00:28:21	00:00:49	01:38:04	00:00:35	00:40:16	02:48:08	00:17:34
16	217		Rodrigo Baltazar	-	30-34	Sporting Clube de Portugal	00:22:28	00:01:33	01:43:34	00:00:44	00:40:10	02:48:30	00:17:57
17	155		Pedro Cordeiro	-	40-44	COMPEED - Tri-Oeste	00:21:54	00:00:50	01:41:11	00:00:36	00:44:13	02:48:47	00:18:13
18	107		Daniele Cantamessa	-	35-39	PEPERONCINO TEAM TRIATHLON	00:24:34	00:02:04	01:37:09	00:01:03	00:44:47	02:49:39	00:19:05
19	126		Thierry Pereira-Pedrosa	-	40-44	Individual	00:24:39	00:01:13	01:38:38	00:00:41	00:46:04	02:51:16	00:20:42
20	212	832	Anibal Oliveira	-	35-39	Amiciclo	00:29:10	00:01:20	01:39:30	00:00:38	00:40:50	02:51:30	00:20:56
21	154		Pedro Pinheiro	-	35-39	COMPEED - Tri-Oeste	00:29:50	00:02:28	01:37:49	00:00:36	00:43:29	02:54:13	00:23:39
22	159		Ross Calder	-	30-34	Individual	00:24:26	00:01:05	01:41:51	00:00:51	00:46:18	02:54:32	00:23:58
23	118		Samuel Ferraz Junior	-	30-34	TRIAx TEAM BRASIL	00:30:12	00:02:59	01:37:35	00:00:56	00:43:31	02:55:15	00:24:41
24	111		Filippo Luccioli	-	35-39	Individual	00:24:14	00:01:32	01:42:50	00:00:55	00:45:44	02:55:16	00:24:42
25	175		Carlos Papacinzá	-	20-24	C. N. Alvito	00:30:02	00:01:23	01:44:10	00:00:41	00:40:55	02:57:13	00:26:39
26	127		Paul Davies	-	25-29	SCOTT / AIRCOM / MOUNTAIN TRAX	00:30:31	00:01:28	01:41:03	00:01:16	00:43:32	02:57:52	00:27:18
27	134		Bernd Kiesel	-	40-44	Individual	00:23:30	00:01:46	01:48:11	00:00:46	00:44:31	02:58:45	00:28:12
28	221		Patrick Silva	-	30-34	McDonalds/TriBraga	00:28:08	00:01:30	01:44:06			02:58:48	00:28:14
29	228		Emanuel Marques	-	45-49	Assoc. Académica S. Mamede	00:24:26	00:02:21	01:46:52	00:01:01	00:44:21	02:59:03	00:28:29
30	135		Gorka Arregi Arruti	-	25-29	Individual	00:23:49	00:01:22	01:48:26	00:01:10	00:44:22	02:59:10	00:28:36
31	189		Sebastien Antony	-	20-24	Maule Epone VTT Rudy project	00:30:15	00:01:29	01:38:21	00:00:42	00:50:52	03:01:41	00:31:07
32	106		Andrew Cairns	-	30-34	Individual	00:22:51	00:01:42	01:48:51	00:01:12	00:47:12	03:01:50	00:31:16
33	117		Ivan Silva	-	30-34	Clube Triatlo de Perosinho	00:23:00	00:01:21	01:50:00	00:01:03	00:46:46	03:02:12	00:31:38
34	199		Duarte Barreto	-	35-39	C. N. Cartaxo	00:23:57	00:01:16	01:47:47	00:01:12	00:48:11	03:02:25	00:31:51
35	130		Alvaro Gutierrez Ibañez	-	30-34	BALMATRI TRIATLOI TALDEA	00:27:39	00:01:40	01:42:06	00:01:10	00:50:10	03:02:47	00:32:13
36	145		Carlos Rocha	-	30-34	Individual	00:30:19	00:01:35	01:44:30	00:00:43	00:45:59	03:03:07	00:32:33
37	192		David Ferreira	-	20-24	Alhandra Sporting Club	00:23:36	00:01:39	01:50:21	00:00:54	00:47:45	03:04:17	00:33:43
38	179		Valdo Neves	-	30-34	Oeiras Sport Clube	00:27:16	00:01:48	01:54:09	00:00:35	00:41:34	03:05:25	00:34:51
39	216		Pedro Figueira	-	30-34	Assoc. 20 Km de Almeirim	00:23:22	00:01:27	01:51:23	00:00:33	00:49:02	03:05:49	00:35:16
40	215		Mário Guedes	-	35-39	Assoc. Académica S. Mamede	00:26:49	00:01:38	01:50:35	00:01:26	00:45:31	03:05:59	00:35:25
41	141		Albert Lopez Anton	-	40-44	Individual	00:26:09	00:02:50	01:51:27			03:06:13	00:35:39
42	213		José Ferreira	-	30-34	McDonalds/TriBraga	00:26:25	00:01:50	01:48:57	00:00:39	00:48:23	03:06:17	00:35:43
43	180		Diogo Rosa	-	18-19	C. N. Tejo	00:22:59	00:01:37	01:45:53	00:00:40	00:55:08	03:06:19	00:35:45
44	165		Paulo Sequeira	-	35-39	Peniche A. C.	00:24:34	00:01:41	01:53:18	00:01:11	00:45:38	03:06:24	00:35:50
45	222		Octávio Vicente	-	25-29	C. N. Tejo	00:32:36	00:02:05	01:41:38	00:00:48	00:49:45	03:06:53	00:36:20
46	137		Andrea Vellano	-	35-39	Individual	00:24:50	00:03:25	01:47:22	00:00:54	00:50:35	03:07:07	00:36:33
47	214		João Ferreira	-	35-39	McDonalds/TriBraga	00:24:29	00:02:37	01:56:13	00:00:58	00:42:54	03:07:12	00:36:38
48	166		Pedro Silva	-	40-44	Clube Olímpico de Oeiras	00:31:35	00:02:39	01:49:09	00:00:54	00:45:07	03:09:26	00:38:52
49	113		Jared Muise	-	25-29	Individual	00:28:12	00:01:51	01:49:25	00:00:38	00:50:29	03:10:37	00:40:03

Data:	03-04-2010	Hora:	14h00	Local:	Figueira da Foz				
Natação	1.500 mt	PT:	0 mt	Ciclismo:	35.000 mt	PT:	0 mt	Corrida:	10.000 mt

Ranking:	Taça de Portugal Porteira	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	Nataçã	PT	Ciclism	PT	Corrida	Total	Diff
50	201		Miguel Vicente	-	20-24	C. N. Cartaxo	00:31:36	00:02:59	01:52:39	00:00:42	00:44:39	03:12:37	00:42:03
51	158		Bruno Bonnafous Santi	-	45-49	Individual	00:30:09	00:02:52	01:49:55	00:00:49	00:49:12	03:12:59	00:42:25
52	123		Jan Podowski	-	40-44	Individual	00:32:27	00:01:55	01:55:01	00:00:58	00:43:27	03:13:51	00:43:17
53	115		Carlos Braz	-	40-44	Individual	00:27:20	00:02:09	01:54:59	00:00:45	00:48:52	03:14:07	00:43:33
54	160		João Hipólito	-	45-49	Alhandra Sporting Club	00:30:14	00:01:59	01:49:25	00:01:14	00:51:21	03:14:15	00:43:41
55	102		Andy Chatterton	-	45-49	Individual	00:28:54	00:01:24	01:57:51	00:01:19	00:45:01	03:14:31	00:43:57
56	224		Luis Filipe Santos	-	30-34	DAR - Recardães	00:39:22	00:02:26	01:47:37	00:00:52	00:45:20	03:15:39	00:45:06
57	220		Dário Santos	-	30-34	Amiciclo	00:34:07	00:02:04	01:44:15	00:00:46	00:56:16	03:17:31	00:46:57
58	104		Juan José Iglesias	-	35-39	Individual	00:27:15	00:02:06	02:00:45	00:00:48	00:47:46	03:18:42	00:48:08
59	211		Ricardo Correia	-	18-19	Ext. Coop. da Benedita	00:25:26	00:02:09	01:58:25	00:00:46	00:53:34	03:20:20	00:49:47
60	100		Massimo Marabese	-	30-34	Individual	00:28:16	00:02:55	01:51:46	00:01:14	00:57:01	03:21:15	00:50:41
61	172		Jordão Alves	-	30-34	Individual	00:27:15	00:01:54	01:53:33	00:00:44	00:58:21	03:21:49	00:51:15
62	103	494	Pedro Bento	-	30-34	Assoc. 20 Km de Almeirim	00:34:01	00:02:36	01:48:16	00:00:43	00:56:50	03:22:28	00:51:54
63	132		Vitor Almeida	-	30-34	Clube Triatlo de Perosinho	00:34:30	00:01:26	01:57:44	00:01:11	00:48:20	03:23:12	00:52:38
64	164		Mário Sousa	-	50-54	Peniche A. C.	00:35:15	00:02:13	02:02:03	00:01:07	00:43:34	03:24:15	00:53:41
65	177		Paulo Teles	-	35-39	G. A. A. Vila Franca de Xira	00:28:20	00:02:18	02:04:42	00:01:13	00:47:57	03:24:32	00:53:58
66	146		Josué Oliveira	-	35-39	Individual	00:31:29	00:02:34	01:57:41	00:01:06	00:52:31	03:25:22	00:54:48
67	200		Mário Couto	-	30-34	C. N. Cartaxo	00:34:06	00:02:15	02:01:36	00:00:46	00:47:04	03:25:48	00:55:14
68	163		Paulo Santos	-	45-49	Peniche A. C.	00:27:18	00:01:46	02:04:05	00:00:54	00:52:34	03:26:38	00:56:04
69	136		Fábio Magalhães	-	25-29	Clube Triatlo de Perosinho	00:26:21	00:02:22	02:09:01	00:00:53	00:48:42	03:27:21	00:56:47
70	182		Nuno Pereira	-	35-39	Quintajense Futebol Clube	00:25:31	00:02:16	02:06:09	00:01:03	00:55:15	03:30:16	00:59:42
71	108		Roman Huber	-	45-49	Individual	00:26:14	00:04:32	02:08:50	00:01:11	00:50:10	03:30:59	01:00:25
72	122		Jose Julio Ares	-	40-44	Individual	00:23:57	00:04:06	01:45:54	00:02:01	01:15:04	03:31:04	01:00:30
73	140		Nuno Gameiro	-	30-34	Individual	00:25:45	00:03:12	02:08:31	00:01:32	00:52:25	03:31:27	01:00:53
74	185		Bruno Silva	-	35-39	A. M. C. R. Fonte Grada	00:27:11	00:02:22	02:17:35	00:00:43	00:46:35	03:34:27	01:03:53
75	219		João Nicolau	-	30-34	C. N. Tejo	00:23:31	00:02:02	02:18:54	00:01:08	00:52:35	03:38:11	01:07:37
76	143		Caroline Hentgen	-	35-39	Individual	00:29:56	00:02:25	02:08:39	00:01:33	00:56:14	03:38:48	01:08:14
77	133		André Gomes de Macedo	-	35-39	Individual	00:23:10	00:01:59	02:24:56	00:01:04	00:47:43	03:38:54	01:08:20
78	151		Carla Ribeiro	-	25-29	Louletano/AlgarvCycles/LouleJardimHot	00:30:30	00:02:59	02:12:45	00:01:23	00:52:01	03:39:41	01:09:07
79	232		Paulo Neves	-	40-44	Clube de Veteranos do Porto	00:29:44	00:01:55	02:12:55	00:00:56	00:54:56	03:40:27	01:09:53
80	167		Rui Pena	-	35-39	Individual	00:31:52	00:03:33	02:10:47	00:01:16	00:57:10	03:44:40	01:14:06
81	238		Luis Fera	-	30-34	Individual	00:35:25	00:02:12	02:09:25	00:00:50	00:57:52	03:45:46	01:15:12
82	124		Franck Vuillat	-	30-34	Individual	00:29:48	00:02:48	02:22:56	00:00:58	00:51:09	03:47:41	01:17:08
83	202		Paulo Calixto	-	35-39	C. N. Cartaxo	00:40:44	00:01:50	02:16:13	00:00:43	00:49:21	03:48:53	01:18:19
84	195		Filomena Gomes	-	40-44	C. T. Fundão	00:32:30	00:01:51	02:11:57	00:01:06	01:02:04	03:49:30	01:18:56
85	181		Hugo Velez	-	30-34	Quintajense Futebol Clube	00:32:31	00:03:18	02:09:15	00:01:34	01:02:51	03:49:30	01:18:56
86	114		Aitor Hoyos Huerga	-	35-39	CODEAM TRIATLON ZARAUTZ	00:32:46	00:03:45	02:19:31	00:01:51	00:53:23	03:51:17	01:20:43
87	148		Eric Haefelin	-	50-54	Individual	00:31:25	00:02:13	02:13:30	00:01:52	01:02:31	03:51:34	01:21:00
88	150		José Varela	-	50-54	Individual	00:41:00	00:08:25	02:18:14	00:01:41	00:49:33	03:58:56	01:28:22
89	191		João Morgado	-	40-44	Individual	00:33:50	00:02:07	02:08:03	00:01:33	01:13:57	03:59:31	01:28:57
90	203		António Reis	-	45-49	Cl. Ferroviário de Vendas Novas	00:31:47	00:02:07	02:28:51	00:00:57	00:56:12	03:59:56	01:29:22
91	170		Alcino Oliveira	-	35-39	Individual	00:30:37	00:06:56	02:25:28	00:01:24	00:56:25	04:00:52	01:30:18
92	171		Dulce Almeida	-	30-34	Individual	00:44:27	00:01:57	02:16:15	00:00:49	00:57:24	04:00:54	01:30:20
93	147		António Santos	-	35-39	NOVALDEIA	00:44:38	00:05:50	02:10:06	00:03:50	00:56:34	04:01:00	01:30:26
94	120		Rui Costa	-	35-39	Porto Runners	00:28:21	00:03:31	02:35:19	00:01:14	00:53:27	04:01:54	01:31:20
95	173		Pedro Lopes	-	35-39	Porto Runners	00:34:40	00:01:27	02:31:04	00:00:32	00:54:10	04:01:54	01:31:21
96	169		Telmo Veloso	-	30-34	Porto Runners	00:26:41	00:01:51	02:39:56	00:00:47	00:52:38	04:01:56	01:31:22
97	233		Vasco Soares	-	40-44	Clube de Praças da Armada	00:33:40	00:02:56	02:38:39	00:00:53	00:52:06	04:08:14	01:37:41
98	231		Vitor Grilo	-	40-44	TRIATLO CLUBE TAP	00:28:26	00:03:53	02:34:13	00:01:56	01:01:12	04:09:43	01:39:09

Data:	03-04-2010	Hora:	14h00	Local:	Figueira da Foz				
Natação	1.500 mt	PT:	0 mt	Ciclismo:	35.000 mt	PT:	0 mt	Corrida:	10.000 mt

Ranking:	Taça de Portugal Porteira	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	Nataçã	PT	Ciclism	PT	Corrida	Total	Diff
99	162		Susana Simões	-	35-39	Porto Runners	00:35:33	00:02:58	02:41:44	00:00:51	00:49:22	04:10:31	01:39:57
100	119		Ana Clara Cruz	-	30-34	TRIAx TEAM BRASIL	00:37:27	00:04:20	02:24:42	00:01:21	01:02:53	04:10:44	01:40:10
101	153		Rita Ribeiro	-	25-29	Louletano/AlgarvCycles/LouleJardimHot	00:39:24	00:03:46	02:32:40	00:01:22	00:57:40	04:14:54	01:44:20
102	234		Artur Oliveira	-	50-54	Ext. Coop. da Benedita	00:38:14	00:02:42	02:41:35	00:01:58	00:59:02	04:23:33	01:52:59
103	230		Henrique Gonçalves	-	55-59	Clube de Veteranos do Porto	00:36:24	00:02:55	02:39:50	00:00:49	01:06:25	04:26:24	01:55:50
104	152		Vera Silva	-	25-29	Individual	00:38:59	00:03:31	02:39:56	00:01:22	01:06:49	04:30:38	02:00:04
105	184		José Silveira	-	40-44	TRI CAP - Penafirme	00:44:29	00:03:17	02:40:20	00:01:44	01:07:24	04:37:16	02:06:42
	161		Bruno Dias	DQ	35-39	Individual							-
	112		James Griffiths	DNF	35-39	Individual	00:28:25	00:01:10					-
	129		Eduardo Alçada	DNF	35-39	Ginásio Clube Figueirense	00:27:32	00:02:10	02:10:25				-
	149		Armand Surwilo	DNF	45-49	Individual							-
	157		Rui Rodrigues	DNF	40-44	COMPEED - Tri-Oeste	00:22:48	00:02:42					-
	196		Carlos Antunes	DNF	30-34	C. T. Fundão	00:25:42	00:02:31					-
	110		Giuseppe Baldelli	DNS	40-44	Individual							-
	128		Doris Kogler	DNS	35-39	Individual							-
	138		Nuno Abreu	DNS	35-39	Village Fitness Center							-
	142		Laurent Steeve	DNS	35-39	Individual							-
	144		Pablo Ordoñez Menendez	DNS	35-39	Individual							-
	156		Délio Ferreira	DNS	30-34	COMPEED - Tri-Oeste							-
	168		Luis Freitas	DNS	40-44	Individual							-
	227		João Inocentes	DNS	30-34	Louletano/AlgarvCycles/LouleJardimHot							-
	183		Nuno Pinto	DNS	25-29	Quintajense Futebol Clube							-
	188		Alba Xandri	DNS	30-34	Individual							-
	193		Carlos Silva	DNS	35-39	Serv. Soc. CGD							-
	194		Fernando Feijão	DNS	55-59	C. T. Fundão							-
	197		Hugo Reis	DNS	30-34	Individual							-
	198		João Marques	DNS	35-39	Individual							-
	204		Paulo Canário	DNS	40-44	Cl. Ferroviário de Vendas Novas							-
	205		Hélder Valente	DNS	35-39	Serv. Soc. CGD							-
	206		Luis Serrazina	DNS	40-44	Ext. Coop. da Benedita							-
	207		Pedro Carreira	DNS	30-34	Resistentes							-
	208		Stephane Decressac	DNS	30-34	Individual							-
	210		Ricardo Paixão	DNS	35-39	Louletano/AlgarvCycles/LouleJardimHot							-
	218		Rui Pedro Costa	DNS	35-39	C. N. Tejo							-
	223		Rui Santos	DNS	25-29	DAR - Recardães							-
	225		Marco Ferreira	DNS	25-29	DAR - Recardães							-
	226		Carlos Videira Martins	DNS	35-39	Individual							-
	235		Paulo Costa	DNS	45-49	Individual							-
	236		Victor Campos	DNS	55-59	DAR - Recardães							-
	237		António Costa	DNS	35-39	Individual							-

Data:	03-04-2010	Hora:	14h00	Local:	Figueira da Foz				
Natação	1.500 mt	PT:	0 mt	Ciclismo:	35.000 mt	PT:	0 mt	Corrida:	10.000 mt

Ranking:	Taça de Portugal Porteira	Hora de Partida:	00h00
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Escal	Lug	Lg Ind	Dorsal	Lic	Nome	PEN	Nome de clube	Total	Diff
25-29	1	2	151		Carla Ribeiro	-	Louletano/AlgarvCycles/LouleJardimHotel	03:39:41	
25-29	2	7	153		Rita Ribeiro	-	Louletano/AlgarvCycles/LouleJardimHotel	04:14:54	00:35:12
25-29	3	8	152		Vera Silva	-	Individual	04:30:38	00:50:56
30-34	1	4	171		Dulce Almeida	-	Individual	04:00:54	
30-34	2	6	119		Ana Clara Cruz	-	TRIAX TEAM BRASIL	04:10:44	00:09:49
35-39	1	1	143		Caroline Hentgen	-	Individual	03:38:48	
35-39	2	5	162		Susana Simões	-	Porto Runners	04:10:31	00:31:42
40-44	1	3	195		Filomena Gomes	-	C. T. Fundação	03:49:30	

Data:	03-04-2010	Hora:	14h00	Local:	Figueira da Foz				
Natação	1.500 mt	PT:	0 mt	Ciclismo:	35.000 mt	PT:	0 mt	Corrida:	10.000 mt

Ranking:	Taça de Portugal Porteira	Hora de Partida:	00h00
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Escal	Lug	Lg Ind	Dorsal	Lic	Nome	PEN	Nome de clube	Total	Diff
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18-19	1	43	180		Diogo Rosa	-	C. N. Tejo	03:06:19	
18-19	2	59	211		Ricardo Correia	-	Ext. Coop. da Benedita	03:20:20	00:14:01

20-24	1	12	186		Thomas Verré	-	Individual	02:46:17	
20-24	2	25	175		Carlos Papacinha	-	C. N. Alvito	02:57:13	00:10:56
20-24	3	31	189		Sebastien Antony	-	Maule Epone VTT Rudy project COMPRESSPORT	03:01:41	00:15:23
20-24	4	37	192		David Ferreira	-	Alhandra Sporting Club	03:04:17	00:18:00
20-24	5	50	201		Miguel Vicente	-	C. N. Cartaxo	03:12:37	00:26:19

25-29	1	2	101		Wouter Beckers	-	Individual	02:36:47	
25-29	2	3	121		Julien Carrier	-	Individual	02:38:25	00:01:37
25-29	3	11	178		Márcio Neves	-	Oeiras Sport Clube	02:44:58	00:08:11
25-29	4	26	127		Paul Davies	-	SCOTT / AIRCOM / MOUNTAIN TRAX	02:57:52	00:21:04
25-29	5	30	135		Gorka Arregi Arruti	-	Individual	02:59:10	00:22:23
25-29	6	45	222		Octávio Vicente	-	C. N. Tejo	03:06:53	00:30:06
25-29	7	49	113		Jared Muise	-	Individual	03:10:37	00:33:49
25-29	8	69	136		Fábio Magalhães	-	Clube Triatlo de Perosinho	03:27:21	00:50:33

30-34	1	4	209		Thomas Vonach	-	Individual	02:38:52	
30-34	2	5	139		Jacky Boisset	-	TeamaltecSPORT	02:39:28	00:00:35
30-34	3	9	116		Luca Molteni	-	Individual	02:41:42	00:02:49
30-34	4	13	125		Alessandro Cassetti	-	Individual	02:47:29	00:08:36
30-34	5	14	131		Gabriel Arrayás	-	PC Bonavista	02:47:44	00:08:52
30-34	6	15	190		Armandino Chaves	-	C. T. Fundão	02:48:08	00:09:15
30-34	7	16	217		Rodrigo Baltazar	-	Sporting Clube de Portugal	02:48:30	00:09:38
30-34	8	22	159		Ross Calder	-	Individual	02:54:32	00:15:39
30-34	9	23	118		Samuel Ferraz Junior	-	TRIAX TEAM BRASIL	02:55:15	00:16:22
30-34	10	28	221		Patrick Silva	-	McDonalds/TriBraga	02:58:48	00:19:55
30-34	11	32	106		Andrew Cairns	-	Individual	03:01:50	00:22:57
30-34	12	33	117		Ivan Silva	-	Clube Triatlo de Perosinho	03:02:12	00:23:19
30-34	13	35	130		Alvaro Gutierrez Ibañez	-	BALMATRI TRIATLOI TALDEA	03:02:47	00:23:54
30-34	14	36	145		Carlos Rocha	-	Individual	03:03:07	00:24:14
30-34	15	38	179		Valdo Neves	-	Oeiras Sport Clube	03:05:25	00:26:33
30-34	16	39	216		Pedro Figueira	-	Assoc. 20 Km de Almeirim	03:05:49	00:26:57
30-34	17	42	213		José Ferreira	-	McDonalds/TriBraga	03:06:17	00:27:24
30-34	18	56	224		Luis Filipe Santos	-	DAR - Recardães	03:15:39	00:36:47
30-34	19	57	220		Dário Santos	-	Amiciclo	03:17:31	00:38:38
30-34	20	60	100		Massimo Marabese	-	Individual	03:21:15	00:42:22
30-34	21	61	172		Jordão Alves	-	Individual	03:21:49	00:42:56
30-34	22	62	103	494	Pedro Bento	-	Assoc. 20 Km de Almeirim	03:22:28	00:43:35
30-34	23	63	132		Vitor Almeida	-	Clube Triatlo de Perosinho	03:23:12	00:44:19
30-34	24	67	200		Mário Couto	-	C. N. Cartaxo	03:25:48	00:46:55
30-34	25	73	140		Nuno Gameiro	-	Individual	03:31:27	00:52:34
30-34	26	75	219		João Nicolau	-	C. N. Tejo	03:38:11	00:59:19
30-34	27	79	238		Luis Fera	-	Individual	03:45:46	01:06:53
30-34	28	80	124		Franck Vuailat	-	Individual	03:47:41	01:08:49
30-34	29	82	181		Hugo Velez	-	Quintajense Futebol Clube	03:49:30	01:10:37
30-34	30	92	169		Telmo Veloso	-	Porto Runners	04:01:56	01:23:03

Data:	03-04-2010	Hora:	14h00	Local:	Figueira da Foz				
Natação	1.500 mt	PT:	0 mt	Ciclismo:	35.000 mt	PT:	0 mt	Corrida:	10.000 mt

Ranking:	Taça de Portugal Porteira	Hora de Partida:	00h00
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Escal	Lug	Lg Ind	Dorsal	Lic	Nome	PEN	Nome de clube	Total	Diff
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35-39	1	1	187		Ricard Calmet	-	Individual	02:30:33	
35-39	2	6	109		Marco De Marco	-	Individual	02:39:33	00:08:59
35-39	3	10	176		Nuno Patrício	-	C. N. Alvito	02:44:50	00:14:16
35-39	4	18	107		Daniele Cantamessa	-	PEPERONCINO TEAM TRIATHLON	02:49:39	00:19:05
35-39	5	20	212	832	Anibal Oliveira	-	Amiciclo	02:51:30	00:20:56
35-39	6	21	154		Pedro Pinheiro	-	COMPEED - Tri-Oeste	02:54:13	00:23:39
35-39	7	24	111		Filippo Luccioli	-	Individual	02:55:16	00:24:42
35-39	8	34	199		Duarte Barreto	-	C. N. Cartaxo	03:02:25	00:31:51
35-39	9	40	215		Mário Guedes	-	Assoc. Académica S. Mamede	03:05:59	00:35:25
35-39	10	44	165		Paulo Sequeira	-	Peniche A. C.	03:06:24	00:35:50
35-39	11	46	137		Andrea Vellano	-	Individual	03:07:07	00:36:33
35-39	12	47	214		João Ferreira	-	McDonalds/TriBraga	03:07:12	00:36:38
35-39	13	58	104		Juan José Iglesias	-	Individual	03:18:42	00:48:08
35-39	14	65	177		Paulo Teles	-	G. A. A. Vila Franca de Xira	03:24:32	00:53:58
35-39	15	66	146		Josué Oliveira	-	Individual	03:25:22	00:54:48
35-39	16	70	182		Nuno Pereira	-	Quintajense Futebol Clube	03:30:16	00:59:42
35-39	17	74	185		Bruno Silva	-	A. M. C. R. Fonte Grada	03:34:27	01:03:53
35-39	18	76	133		André Gomes de Macedo	-	Individual	03:38:54	01:08:20
35-39	19	78	167		Rui Pena	-	Individual	03:44:40	01:14:06
35-39	20	81	202		Paulo Calixto	-	C. N. Cartaxo	03:48:53	01:18:19
35-39	21	83	114		Aitor Hoyos Huerga	-	CODEAM TRIATLON ZARAUTZ	03:51:17	01:20:43
35-39	22	88	170		Alcino Oliveira	-	Individual	04:00:52	01:30:18
35-39	23	89	147		António Santos	-	NOVALDEIA	04:01:00	01:30:26
35-39	24	90	120		Rui Costa	-	Porto Runners	04:01:54	01:31:20
35-39	25	91	173		Pedro Lopes	-	Porto Runners	04:01:54	01:31:21

40-44	1	7	229		José Ribeiro	-	C. D. "Os Águias" de Alpiarça	02:39:52	
40-44	2	17	155		Pedro Cordeiro	-	COMPEED - Tri-Oeste	02:48:47	00:08:55
40-44	3	19	126		Thierry Pereira-Pedrosa	-	Individual	02:51:16	00:11:24
40-44	4	27	134		Bernd Kiesel	-	Individual	02:58:45	00:18:53
40-44	5	41	141		Albert Lopez Anton	-	Individual	03:06:13	00:26:20
40-44	6	48	166		Pedro Silva	-	Clube Olímpico de Oeiras	03:09:26	00:29:33
40-44	7	52	123		Jan Podowski	-	Individual	03:13:51	00:33:58
40-44	8	53	115		Carlos Braz	-	Individual	03:14:07	00:34:14
40-44	9	72	122		Jose Julio Ares	-	Individual	03:31:04	00:51:11
40-44	10	77	232		Paulo Neves	-	Clube de Veteranos do Porto	03:40:27	01:00:35
40-44	11	86	191		João Morgado	-	Individual	03:59:31	01:19:38
40-44	12	93	233		Vasco Soares	-	Clube de Praças da Armada	04:08:14	01:28:22
40-44	13	94	231		Vitor Grilo	-	TRIATLO CLUBE TAP	04:09:43	01:29:50
40-44	14	97	184		José Silveira	-	TRI CAP - Penafirme	04:37:16	01:57:23

45-49	1	8	105		Andreas Graf	-	Individual	02:40:32	
45-49	2	29	228		Emanuel Marques	-	Assoc. Académica S. Mamede	02:59:03	00:18:30
45-49	3	51	158		Bruno Bonnafous Santi	-	Individual	03:12:59	00:32:27
45-49	4	54	160		João Hipólito	-	Alhandra Sporting Club	03:14:15	00:33:43
45-49	5	55	102		Andy Chatterton	-	Individual	03:14:31	00:33:58
45-49	6	68	163		Paulo Santos	-	Peniche A. C.	03:26:38	00:46:06
45-49	7	71	108		Roman Huber	-	Individual	03:30:59	00:50:27

Data:	03-04-2010	Hora:	14h00	Local:	Figueira da Foz				
Natação	1.500 mt	PT:	0 mt	Ciclismo:	35.000 mt	PT:	0 mt	Corrida:	10.000 mt

Ranking:	Taça de Portugal Porteira	Hora de Partida:	00h00
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Escal	Lug	Lg Ind	Dorsal	Lic	Nome	PEN	Nome de clube	Total	Diff
45-49	8	87	203		António Reis	-	Cl. Ferroviário de Vendas Novas	03:59:56	01:19:23
50-54	1	64	164		Mário Sousa	-	Peniche A. C.	03:24:15	
50-54	2	84	148		Eric Haefelin	-	Individual	03:51:34	00:27:19
50-54	3	85	150		José Varela	-	Individual	03:58:56	00:34:41
50-54	4	95	234		Artur Oliveira	-	Ext. Coop. da Benedita	04:23:33	00:59:18
55-59	1	96	230		Henrique Gonçalves	-	Clube de Veteranos do Porto	04:26:24	